



# קול עחד

K O L E C H A D  
The Voice of Congregation Beth Shalom

CBS MONTHLY NEWSLETTER | MARCH 2021 | ADAR—NISAN, 5781

## Cantor's Corner *by Cantor Bruce Shapiro*

# WHAT? PESACH IS ALMOST HERE?

It sneaks up on me every year. We just finished with Purim and an amazing Spiel, delicious Hamantashen, Groggers, and Mishloach Manot baskets! Now, my family and I have to eat as much Hametz as we can before Passover, because we are commanded not to have any “leavened bread” during the 8 day (7 days in Israel) holiday.



On the weekend of our Torah study, March 20, we read **Va-Yikra (He called)**, the first chapter in **Leviticus**. Leviticus literally means, “Instructions for the Priests”. It tells us what the “proper” worship for the G-d of Israel should be. How to live as a holy nation was as much of a “burden” then, as it is now. This is the instruction manual, you know, the how to’s. If I wanted to know how to fix something in my house, or use a tool I had not used before, I might use the Internet is some way to find out “how to” do something.

**SEE CANTOR** *Continued on page 2*

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## CBS RE-OPENS IN-PERSON ACTIVITIES

California Governor Newsom recently revised the closure orders which has allowed religious facilities to operate again in-person.

CBS' leadership is working diligently to ensure safety to all of our members and visitors. CDC guidelines will be observed including wearing of masks, and limited touching.

“Our intention of re-opening is to allow those members who wish to meet in person to do so, comfortably and safely,” stated Bruce Rouman, President of CBS. “We also found that using technology, like Zoom, has enabled our members who wish to isolate, yet participate, a great option.”

CBS is in the process of installing additional equipment to

allow the service leaders access to see those individuals that are remotely attending.

The option of dual-attendance will enable relatives from a distance to participate in lifecycle events. Do you think Moses had any idea that when he brought the two tablets with the Ten Commandments, the word ‘tablet’ would be so utilized in today’s world?

# CBS LEADERSHIP

## Spiritual Leader

Cantor Bruce Shapiro (949) 697-7641

## 2021 BOARD OF DIRECTORS

### EXECUTIVE OFFICERS

#### President

Bruce Rouman (951) 847-4632

#### Secretary

Joan Zak (760) 803-5451

#### Treasurer

Bob Stone (562) 818-9137

### VICE PRESIDENT OFFICERS

#### VP of Finance

Renee Miller (909) 228-5945

#### VP of Membership

Dennis Itzkowitz (951) 675-0300

#### VP of Ritual

Jackie Williams (951) 734-8045

#### VP of Education

Marci Rouman (951) 733-3980

#### VP of Operations

Mark Koren (951) 204-0635

#### VP Safety & Security

Joan Jacobs (323) 228-5503

#### VP of Social Action

David Severson (714) 365-2131

#### VP of Sisterhood

Noemi Schulman (909) 262-6938

#### VP of Brotherhood

Joel Friedberg (951) 817-0713

### OTHER IMPORTANT CONTACTS

#### Birthday/Anniversary/Yahrzeit

Noemi Schulman (909) 262-6938

#### Youth Chair

Jessica Rouman (Kadima) (951) 733-2231

#### Gift Shoppe & Israel Outreach

Stephanie Sachs (951) 736-3058

Renee Miller (909) 228-5945

#### Newsletter

Bobby Spiegel (951) 733-1836

#### Onegs

Gail Koren (951) 688-1709

#### Garden of Shalom Contact

Sam Miller (909) 374-1499

Saul Shulman (951) 277-4027

#### Legacy Luncheon

Renee Miller (909) 228-5945

Marci Rouman (951) 735-6814

#### Scrip Program

Shirli Driz (951) 201-9779

\* = through June 2021

# CANTOR *Continued from page 1*

What I found interesting as I read through the chapter and again it is as true now as it was then, is that the Israelite community is united in a “common destiny and by a holy way of life”. When the Jewish people have a common cause, we are at our best. It is when each group or person has their own ideas on how things should be done or how best to handle a situation is when we do not do our best work. **What is our common cause these days?**

I sometimes tell this joke at a wedding to the groom (of course). Before you get married, you are incomplete. When you are married, you are finished! Really, the word finished makes the joke funny, but what it really means is that you are incomplete without your mate or partner, friend, whoever makes you want to be and actually become a better version of yourself. And the same is for the Jewish people. We are better together than when we are apart.

“Rabbi Abraham Isaac Kook, one of the great mystical teachers of our time, taught that there is only one good way to love G-d... and that’s to love people. If we feel distant from G-d, it might be because we are actually distant from those around us.”<sup>1</sup>

During Passover, we are reminded that “we were once strangers in a strange land”. During this Pandemic, we have “lonely moments, days, weeks. Sometimes we wonder, who is there for us? Remember Hashem is always calling.” Make room for others and you will hear and be called, Va-Yikra.

Don’t forget that **Passover** is “right around the corner” and we need to have your **Sale of Hametz forms** back by Thursday, March 25. Don’t Delay!

**“In Your unyielding love, You will lead the people You have redeemed. In Your strength, You will guide them to Your holy dwelling.” (Exodus, Shemot 15:13)**

**Adon Olam**, Master of the Universe, Pesach is almost here. May we continue to look out for the stranger and the ones we know to be sure they have what they need during this Pandemic. May we continue to be as humble and as strong as **Moshe Rabbeinu**, our beloved teacher.

Looking forward to seeing you all in person or on Zoom soon! **Stay healthy and please continue to wear a mask.**

**Chag Pesach Sameach...Happy Passover!**

## President's Message

# ***Cal Poly Jewish fraternity vandalized with swastikas, anti-Semitic phrases***



Here's a recent happening at the Cal Poly San Luis Obispo Alpha Epsilon Pi (AEPi) Fraternity House. Here's the story....

On Saturday morning, February 6th, a hateful group of people committed an antisemitic hate crime at the AEPi chapter house. Students living there awoke to multiple swastikas and antisemitic statements spray-painted on and in front of their house. This was directly targeted at the Jewish fraternity. Students residing at the fraternity house immediately contacted the local police, news and school authorities to let the world know they do not tolerate or condone this behavior.

The SLO chapter of AEPi is one that my son, Adam, belonged to while attending that college. While they didn't have an official fraternity house at that time, they had hate crimes at that time too. The SLO chapter and the entire San Luis Obispo Jewish community stand together proudly against those who are uneducated and who encourage hateful acts.

Several students immediately posted a "Go Fund Me" page to raise enough funds to begin the

cleanup and purchase security cameras. The goal was set at \$1,300. In the hours of the posting they surpassed, their goal and had to close the fundraising down after reaching over \$27,000.

The president of the SLO chapter said, "We  
See President page 6



## **AEPi Cal Poly SLO - Antisemitism Awareness**



**\$27,273** raised



Share

The organizer has currently disabled new donations to this fundraiser.

# DOWN MEMORY LANE

## *Will History Repeat Itself*

Our traditions are worthy, our faith is strong, and as it is often coined, History *does* repeat itself!

April will mark our anniversary of numerous events, the news clipping to the right depicts a historic day that our members rejoiced and celebrated. A walk from a rented facility where CBS prayed for years, to its own property.... We will get back to that shortly...

It also is a beautiful memory of welcoming Cantor Bruce Shapiro as our spiritual leader for Congregation Beth Shalom of Corona, CA. With Cantor came his amazing family: his wife Marcy and children, Matt and Molly, and Amanda (Matt's wife) joined us later. They blended in beautifully, and inspired our congregants to embrace and celebrate Judaism to its fullest. Their 'ruach' and pure love for Judaism was evident, contagious and welcomed!

Over the years, Cantor has provided the spiritual teachings, and expanding our outlook and outreach for our community, locally and abroad. This includes two (so far) synagogue led trips to Israel. Locally, expanding our connection to the community with food drives for the Settlement House, and welcoming visiting spiritual leaders to bring different perspectives on Judaism. We have witnessed many life cycle events, including many of our youth becoming a Bar or Bat Mitzvah, to weddings and brit milah. Other events include Community Seders, Chanukah Menorah lighting, Bagle Brunch events...and of course Vodka / Latke, Latke Cookoffs.



Our CBS members enjoy celebrating happy occasions.

In the news clipping, two of our members' daughters helped

carry Torahs during our walk. Samantha Watton, daughter of Mark and Stacey Watton became a Bat Mitzvah as did Sarah Izenman daughter of Yudi (of blessed memory)

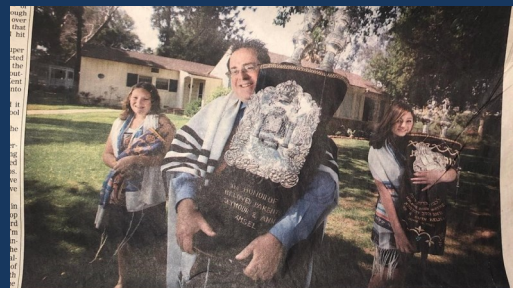
and Wendy Izenman. Sarah had the honor of being our first Bat Mitzvah in our California Avenue location.

So now back to beginning of this article: *History repeating itself...*having a permanent home has been a longtime desire of our leadership.

Over the next several months the leadership at CBS will be seeking input and ideas for our new home.

Yes we did this before, and unfortunately lost the building and many assets... we have truly learned from this lesson. We are seeking individuals who are willing to assist in the financial area. This could be straight out donations, assist in fundraising, and providing a living trust for the synagogue.

If you are interested in assisting, contact CBS President, Bruce Rouman at (951) 847-4632.



Samantha Watton, 12, left, Congregation Beth Shalom President Bobby Spiegel and Sarah Izenman, 12, hold Torah scrolls on Thursday in front of their synagogue, a small house at Corona Heritage Park.

**Walk to inaugurate new synagogue**  
Congregation Beth Shalom of Corona moves into its permanent home Sunday with a special celebration

BY ALICIA ROBINSON  
A procession of more than 40 members and guests gathered for the occasion. The new building is a modern structure that was our religious home for approx. 15 years and we're relocating to a new home. The new building is a modern structure that was our religious home for approx. 15 years and we're relocating to a new home.

kosher meals and snacks, and the little amenities like cabinet space and a garbage disposal.

Herb Spiegel, Beth Shalom's father and

WALKING THE TORAH  
Members of Congregation Beth Shalom in Corona will celebrate their new holiday by carrying three Torah scrolls more than five miles from the old building to the new one.

WHERE: Registration for lunch starts



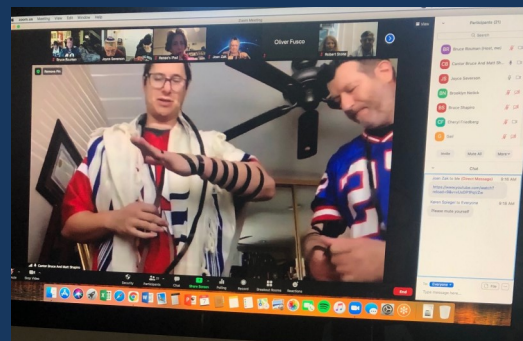
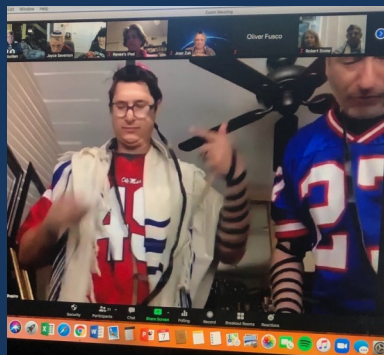
# NO PANDEMIC WILL STOP CBS

*'the little shul that could...'*

There have been many organizations, communities and individuals impacted by the Coronavirus (which has NO relation to our beautiful town that CBS is located in.) We pray for all those who have been stricken by this horrible pandemic, and we pray for those who lost their lives, pledging to remember all the good they each did, as they lived their lives.

CBS has traditionally participated in the World Wide Wrap, which takes place the first Sunday of February. In 2021, California was still in a shut-down mode, specific to religious gatherings, etc.

Our leadership at CBS of Corona, CA, utilized the rich history of our township...at the turn of the 20th century, Corona, CA was the Lemon Capital of the World...thus, our CBS Leadership took the Lemon of the pandemic, and made Lemonade! With the training and educational component from Cantor Bruce Shapiro, along with his son, Matt Shapiro, utilizing Zoom technology...our tradition of "Wrapping Tefillin" was accomplished. Joan Zak had an introductory video that was very inclusive of everyone wrapping Tefillin. Then Matt took over as host. Matt has been one of our teachers of Tefillin wrapping since we started about 8 years ago. This time Matt demonstrated this Tefillin wrapping on line. Nice job on this Virtual session. Next year the Brotherhood will host our famous Breakfast & Wrap in the synagogue. Thanks to all!!!



We had many people who participated. They were:

Ilana D'Agostino  
Cheryl Friedberg  
Joel Friedberg  
Sam Friedberg  
Brenda Fusco  
Oliver Fusco  
Joan Jacobs  
Gail Koren  
Melissa Lindenbaum  
Mitch Lindenbaum  
Zophia Lindenbaum  
Tom Loveday  
Rebecca Miller  
Renee Miller

Brooklyn Notick  
Joel Notick  
Bruce Rouman  
Marcy Rouman  
Dave Severson  
Joyce Severson  
Amanda Shapiro  
Cantor Bruce Shapiro  
Marcy Shapiro  
Matt Shapiro  
Bobby Spiegel  
Karen Spiegel  
RJ Spiegel  
Rachel Spiegel

Rebecca Spiegel  
Tanya Spiegel  
Bob Stone  
Kathy Stone  
Ada Whittemore  
Xmie Whittemore  
Zippy Whittemore  
Bruce Williams  
Jackie Williams  
Arianna Wolfe  
Joan Zak

Submitted by

# Join us in Celebrating Members of our Synagogue



## MARCH

22 Bruce and Marcy Shapiro

## MAY

21 Matt and Amanda Shapiro

23 Pete and Pam D'Agostino

## March

2 Tanya Spiegel

8 Amanda Williams

9 RJ Spiegel

12 Michael Sachs

17 Cantor Bruce Shapiro

21 Joan Zak

## April

6 Bob Stone

11 Morrie Barembaum

12 Mitch Lindenbaum

13 Joel Williams

16 Paula Lipovestky

19 Jackie Williams

21 Brenda Fusco

24 Rebecca Barembaum

26 Ken Jacobs

27 Ilana D'Agostino

27 Matt Shapiro

## President Message, continued from page 3

have received a lot of positive attention, and would like to put that energy towards a good cause. **ALL DONATIONS will be split between a donation towards Yad Vashem and the Jewish Community Center (JCC) of San Luis**

**Obispo.** This will be done on behalf of AEPI SLO in hopes that we can make the best of a difficult situation. All donations of any amount will go a long way to make right this situation, and secure our house for the future."



CAL POLY

## Office of the President

Dear campus community,

Earlier today we learned that the area in front of the Alpha Epsilon Pi fraternity house, a Jewish-student-affiliated organization, was vandalized last night with swastikas and other anti-Semitic graffiti. This incident has been reported to the San Luis Obispo Police Department and an investigation is underway.

Let us be perfectly clear: behavior that promotes any form of hate and seeks to make members of our community feel unsafe and unwelcome – especially in their own home – has absolutely no place in our community.

The fraternity posted these addresses where people can still make donations.

**Yad Vashem - Maintaining the memory & education of the Holocaust**

<https://www.yadvashem.org/about.html>

**JCC SLO - This donation will be used to develop a Jewish Learning Festival on Cal Poly SLO's campus in the future!**

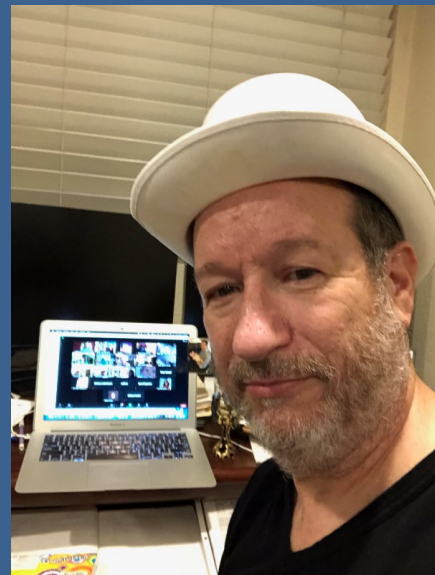
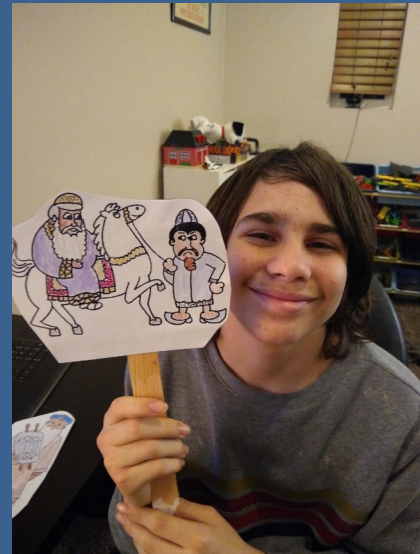


Submitted by  
Bruce  
Rouman /  
President of  
CBS

# Purim Play

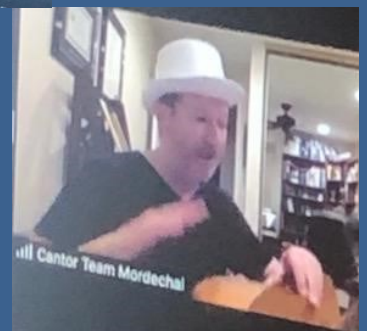
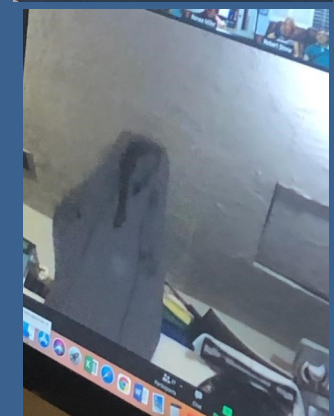
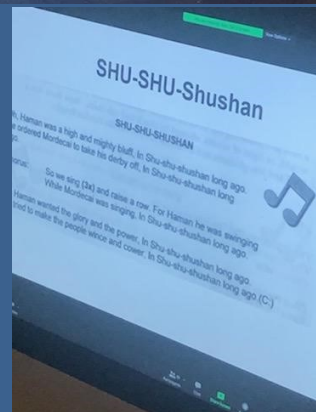
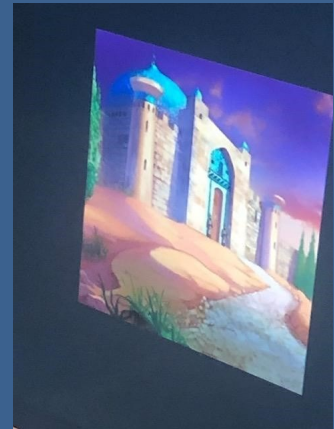
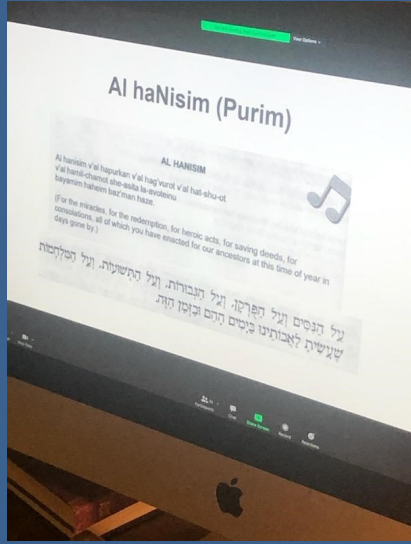
# SUCCESS

CBS Education Department held a very successful Purim Play on Thursday, February 25. Congratulations and thank YOU to Renée Tieszen, Arrianna Wolfe and all the students who worked so hard in putting this together.



# Purim Play

# SUCCESS





# RITUAL *Report*

Jackie Williams,  
Ritual Chairperson

We had a virtual World Wide Wrap on Sunday, February 7. It was attended by many congregants. Thank you, Matt Shapiro, for helping as you usually do.

It looks like we are finally back in the synagogue for Shabbat services. The services will also be on Zoom for those who prefer to be at home.

Thank you to Joan Zak for leading services on February 12. It is very much appreciated.

Please stay healthy and stay safe.

## CBS Prepares for Purim

Mark Koren baked almost 700 Hamantashen for the Miscoach Manot boxes that were decorated by the students. This turns out to be a fantastic fundraiser for the school plus a nice treat for all our members. Every box received six (6) Hamantashen. Mark and Gail pre-bagged the Hamantashen to make a quick assembly of our boxes.



# EDUCATION *Report*

Marci Rouman, *Education Director*

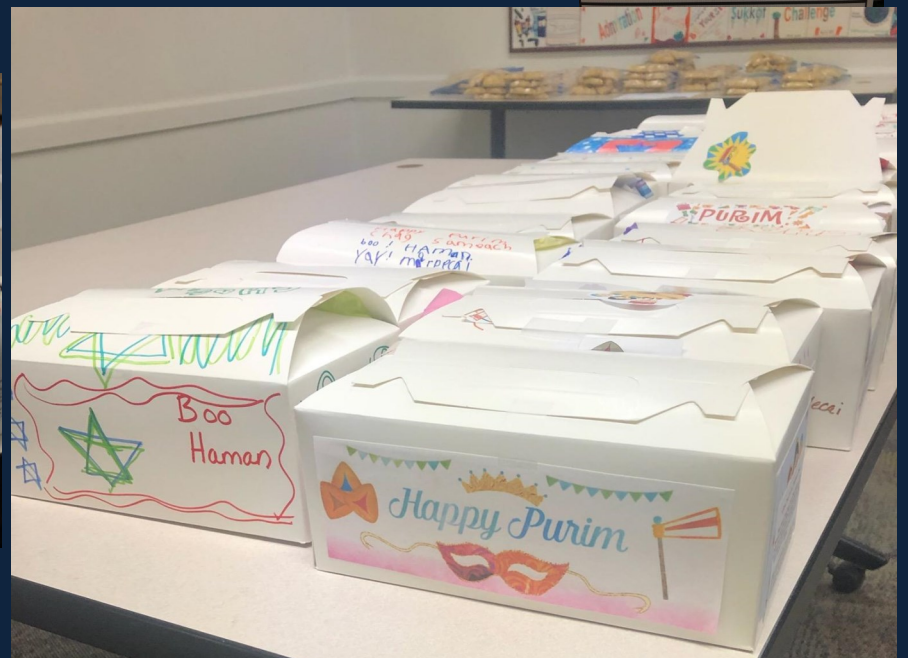
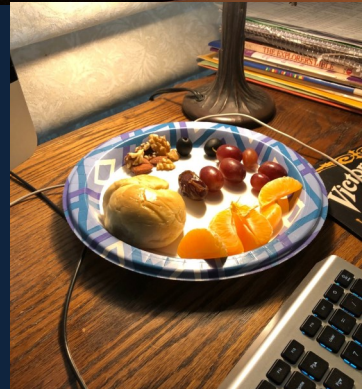
## Purim Preparation

Purim preparations were a little different this year. Purim in a pandemic is a new experience. To make everything happen, it took a village. We all worked together and did our part. Our school program is functioning on Zoom. Our parents took care of pick up and delivery. That helped make our fundraiser happen this year. Our parents have been so responsible. That is how we were able to decorate our Mishloach Manot boxes. I also had some adult decorators.

Thank you to Kathy Stone, Joan Jacobs, Arrianna Wolfe, Tanya Spiegel, Renée Tieszen, and Marta Driz.



Our student artists made these boxes beautiful. We all did our part to make things happen. So I hope everyone enjoys their treats! I hope everyone enjoys our Purim spiel as well.



# EDUCATION *Report*

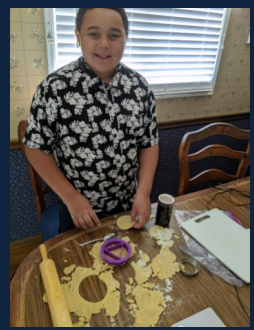
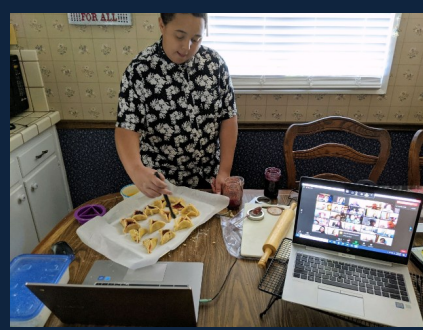
Marci Rouman, *Education Director*


## Hamantaschen Baking

Information written by Giora Shimoni

Purim is a festival that commemorates the Jewish people being saved from Haman. The tradition of eating hamantaschen on Purim is thought to have begun in Europe. The name came from a combination of two German words. The first word is Mohn which means poppy seeds. The other word is tashchen which means pockets. This German pastry was popular since medieval times. In the late 1500's they became known as hamantaschen or Haman's pockets. The rumor was that Haman's pockets were full of bribes.

At religious school on Sunday we made Hamantaschen with Marta's assistance. A good time was had by all. Enjoy the photos of our experience.





## Congregation Beth Shalom Book Club



**W**hat do other readers think? Read on...

**C**ongratulations

Raw, fresh, vulnerable, Courageous, beautifully written, eye-opening, sensitive, a worthwhile book, time well spent.

**W**hat a loving and human individual

What a touching book! Her life was filled with prejudice and grief from all sides, including her own family and community and she took it in stride but knowing what people were doing. Her parents were wonderful and gave her a strong loving foundation, and she presented a mixture of love and hatred combined with humanity and compassion! I loved this book.

**E**xcellent Memoir

Highly recommend this book. Marra's story is important, as it is one so many Jews of color face in one way or another. If you care about diversity, equity, and inclusion in the Jewish community, and in the US as a whole, you should read or listen to this book.

**A** story of resilience and love. Timely lessons.

Marra B. Gad boldly shares intimate aspects of growing up an adopted mixed race girl, in a white Jewish family. She offers insight into this experience that few have the pleasure of experiencing. I am grateful for Gad's honest telling and the details of learning about one's own capacity for love, in spite of it all. And I mean it ALL. Bravo. Aching and Inspirational. Love promoting, life and death affirming.

*The Color of Love" - March 22nd*

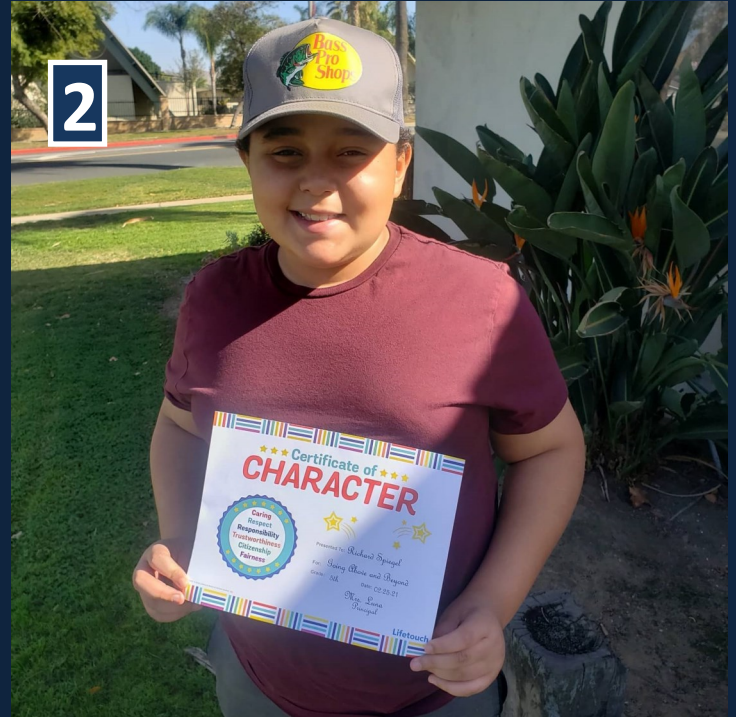
*We meet on ZOOM at 5:30 PM for GREAT discussions*



Make your life a  
masterpiece; imagine no  
limitations on what you  
can be, have or do.

**BRIAN TRACY**

# Beyond the SYNAGOGUE



CBS enjoys acknowledging members for accomplishments in our “Beyond the Synagogue” section. This month we showcase and congratulate:

1. Zophia Lindenbaum for making high honor roll at Etiwanda Intermediate School for this last semester.
2. RJ Spiegel for receiving the Certificate of Character for going above and beyond at Garretson Elementary School.
3. CBS Member Rebecca Spiegel recently joined the Inland Southern California United Way team. Shortly after her initial training and employment, she was promoted to Program Manager. Congratulations Rebecca!

Please submit your “Beyond the Synagogue” items to Bruce Rouman ([BJRouman@sbcglobal.net](mailto:BJRouman@sbcglobal.net)) and Bobby Spiegel ([Bobby@MyChamber.org](mailto:Bobby@MyChamber.org)) by the 15th of each month, for inclusion.

# Refuah Shlema

*Our Community Prayer for Healing*

- BRYN BARKAN
- MYRA BILGREI
- SOL BILGREI
- JACQUELINE FOGEL
- HARRIET GILLERMAN
- EILEEN NOTICK
- SANDRA SHULMAN
- FELIX SMITH
- RJ SPIEGEL
- RABBI MEL YOUNG

## New Project for CBS Members

### LOCATING PERSONAL IMPORTANT PAPERS

Congregation Beth Shalom will store information about the location of your important documents.

You will keep your documents. We will keep the location of your documents and your emergency contact list. This is a voluntary project; you decide if you want to participate. Your information will be kept securely, and will be available to you and your family in case of emergency or death.

If you have questions about this project, please contact Joan Jacobs, Vice President of Security and Safety at (323) 228-5503.

Forms will be mailed or emailed to CBS Members within the next few weeks

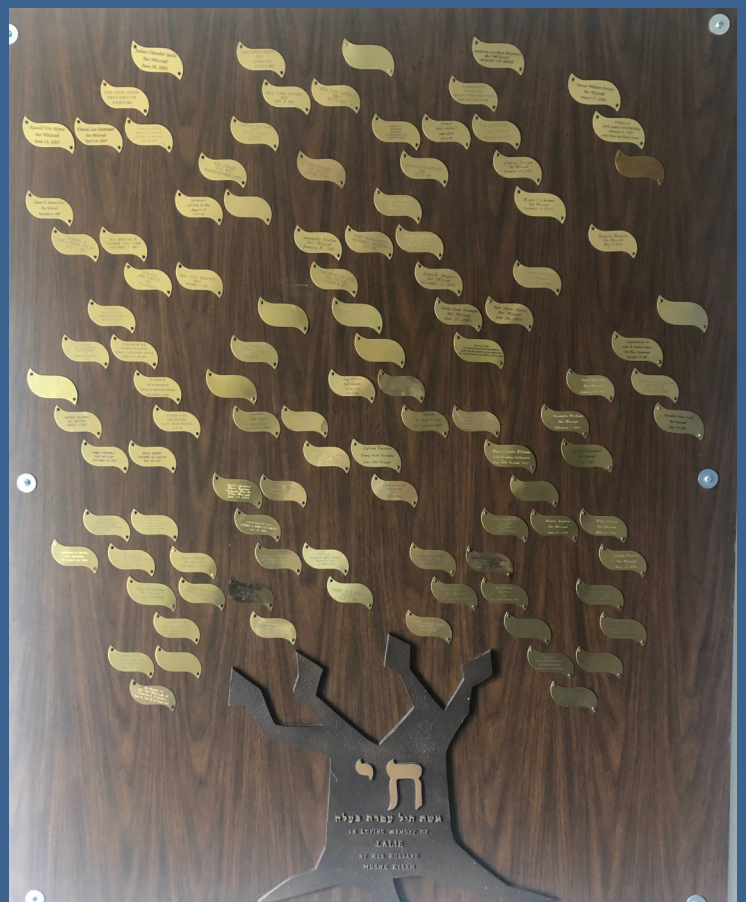
## Simcha Board Tree of Life

Congregation Beth Shalom has a beautiful Simcha Board, called the *Tree of Life*, on display as you enter the synagogue lobby.

This Simcha Board allows families and individuals to purchase leaves for \$180 each for:

- Simchas
- Milestones
- Birth of a child/grandchild
- Graduations
- Promotions
- Engagements
- Accomplishments and more!

For more information, contact President Bruce Rouman (951) 847-4632.



# Pesach IS ALMOST HERE!

For your convenience, please complete this form for the **Authorization of Sale of Hametz**, a traditional act of ridding our homes of forbidden leavened items:

*We, the undersigned, do hereby appoint Cantor Bruce Shapiro to be our agent to arrange the sale of any and all Hametz which may be located in our possession before the arrival of the festival of Pesach.*

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY, STATE, ZIP** \_\_\_\_\_

*(In order to effect a designation of agency, some transfer of property is required by Jewish law. We suggest you donate whatever amount you wish to CBS-Sale of Hametz and the office will forward your checks.)*

**Please return this form to the office by Thursday, March 25, 2021**

*Make checks payable to:*

*CBS-Sale of Hametz: P.O. Box 2737, Corona, CA 92878*

**Thursday, 3/25**  
**Sunday, 3/28**

**Fast of the Firstborn**  
**Community Seder Begins at 6:15 PM** Starts

## PASSOVER-SEDER HOSPITALITY:

(Pandemic Rules Apply)

- Please join us for the Second Night, Community Seder@ CBS led by Cantor Shapiro and friends.
- Donations welcome: Minimum \$1 (to go to Settlement House)

# Congregation Beth Shalom

## Adult Education

### Jewish Populations—Ashkenazi, Sephardic, Mizahri

Sunday March 7, 2021 at 9:00 A.M. On-Line

Joan Zak is inviting you to a scheduled Zoom meeting.

Topic: Joan Zak's Personal Meeting Room

Join Zoom Meeting

<https://us02web.zoom.us/j/2472413778?>

**How did the various Jewish populations develop?**

**How many are still in existence?**

**What are the cultural differences?**

**What are the halachic differences?**

We'll use Zoom.

*Note, this is not Bruce Rومان's link.*

For more information or help using Zoom,  
contact Joan Zak 760-803-5451 or [jzak@cox.net](mailto:jzak@cox.net)

# GIFT SHOPPE UPDATE



The Gift Shoppe has many new gift and home décor items which are reasonably priced, in addition to special sale items. Celebration, special occasions, birthdays or anniversaries — your CBS Gift Shoppe has meaningful gifts that are readily available. Don't forget to take a look at the wonderful jewelry that we have on display!

Call Renee Miller at (909) 228-5945 for further information.



# Food for Thought: What's on Your Seder Plate?

By Renée Ryan-Tieszen

We all must eat. Besides, who doesn't enjoy eating? It may be Bube's famous chicken soup and matzah balls, Challah on Shabbat, or all the latkes you can eat at your shul's Chanukah latke contest. For Jews, eating is a sacred ritual – from *kashrut* to holidays, celebrations and Shabbat. But, have you ever really learned the story behind each mouth-watering, delicious bite?

Each month I will propose a unique look into the foods we eat and why we eat them. You will learn the historical and symbolic significance of each scrumptious delicacy delighted by Jews all over the world. For reading and supporting this new column, you will have the opportunity to concoct these morsels yourselves with recipes from fellow congregants, Jewish chefs, and Jewish families around the world – past and present. So, let's start *noshing* to our heart's content.

***Pesach:*** Commemoration of the Jewish people's liberation from slavery; a major Jewish pilgrimage holiday

This holiday is bittersweet and must be remembered for what it truly is: liberation. We may retell the first liberation of Jews by Moses, but it was not the last. Jews have had to overcome the inequities of civilizations for thousands of years and are still fighting for freedom for all. One round plate on the Seder table has so much to say. How much attention does it have on your Seder table? Perhaps, that traditional Seder Plate needs a companion or two, especially in such uncertain times we face today as white supremacy awakes from its quiet slumber. In 1948 for Pesach, the JDC, American Jewish Joint Distribution Committee, produced



JDC Seder Plate

a Seder Plate for the Jewish Displaced Persons of the Holocaust, not only as a functional ritual object, but more importantly, as a symbol of the postwar revival of Jewish life. At this time, nearly one million Jewish refugees lived in Displaced Persons camps throughout Europe. That little plate's inscription read "This Year in Jerusalem", which meant so much because most of them were awaiting the opportunity to begin anew in a place that shortly thereafter became the State of Israel. In the spring of 1990, Operation Seder commenced with that little plate taking center stage once again as the first Passover in 70 years was celebrated for 10,000 Soviet Jews, communing together and asserting their Jewish identities after the fall of the Berlin Wall.

More and more Jews today are adding food symbols to their Seder Plates as reminders of modern liberation struggles. Perhaps, your Seder Plate, or an additional Modern Seder Plate, can include such symbolic food delicacies. The most common new item to the Seder Plate is an orange. An orange represents women's equality and the power of Jewish women – from female rabbis to all Biblical women, even those Egyptian

midwives in the Exodus story itself. Another citrus fruit, the tangerine, introduced by Professor Susannah Heschel in the early 1980s, was added in defense of gay and lesbian inclusion, and "others who are marginalized within the Jewish community." She added that a blessing over the fruit be made and a segment be eaten in solidarity while spitting out the few seeds, "repudiating the homophobia that poisons too many Jews."

In 2008, Jewish Voice for Peace promoted the olive to be placed on the Seder Plate as a call for peace between Israelis and Palestinians. Their Trees of Reconciliation project donated 3,000 olive saplings to Palestinian farmers to replant the olive trees torn down to make room for Jewish settlements in the West Bank. The olive branch, the universal symbol of peace, originates from the dove in the story of Noah. Olives on our Seder Plate reminds us that "not only are we not free until everyone is free, but we are not free until there is peace in our homes, our community, and in our world."

Rabbi Geela Rayzel Raphael suggests that an artichoke should also be added to the Seder Plate. The artichoke is a prickly vegetable with a soft heart, symbolic for the interfaith-friendly Seder Plate: "Like the artichoke, which has thistles protecting its heart, the Jewish people have been thorny about this question of interfaith marriage."

The Fair Trade Judaica urges Jews to add chocolate and coffee beans to symbolize concern for forced child labor still being practiced, especially in those industries. A Haggadah

*Continued on page 18*

# What's on your Seder Plate

continued from page 17

supplement prepared by Global Exchange is available to be inserted after the Maggid and before the blessing on the matzah, bitter herb and Charoset.

Finally, I discovered two specific Seder plates: the Freedom Seder Plate with its message of freedom for not only Black Jews, but for all people of color; and, the Food Desert Seder Plate designed to alert Jews of the lack of fresh fruits and vegetables in our low-income urban communities. To create a Food Desert Seder Plate, you replace the Chazeret with a rotten piece of lettuce, a reminder of inner-city grocery stores carrying spoiled produce. The Karpas is replaced with a potato chip, representing the cheaper, easier to find vegetable instead of whole, raw vegetables.

The Freedom Seder Plate dates back to April 4, 1968, when Dr. Martin Luther King, Jr. was murdered. A week later, as the military occupied Washington, DC, the first night of Pesach began. As Rabbi Waskow was walking home to begin the Seder preparations, he walked past the army with a machine gun pointed at his block, grumbling, "And my *kishkes*, my guts, began to say, this is Pharaoh's army!" The following year on the anniversary of Dr. King's death, Rabbi Waskow held Seder in the basement of the Lincoln Temple, a Black church in Washington, DC where Jews, Blacks and Vietnamese joined together and the Freedom Seder Plate was born.

The Freedom Seder Plate replaces the traditional Jewish items to reflect the African American journey:

- a roasted chicken leg, the only livestock allowed to slaves and the food packed in shoe boxes by Southern Black

travelers heading north on the Great Migration

- Karpas, a boiled sweet potato on a bed of sweet potato leaves instead of parsley
- Chazeret, collard greens, the basic diet of slaves
- Maror, a spicy red pepper, commonly used in Southern Black cooking
- Baytsah, a boiled egg, a reminder of the African heritage left behind
- Charoset, made of pecans, molasses, fruits, and rum, the crops grown and harvested by our Southern Black slaves

The salt water symbolizes the waves of the Middle Passage and hoe cakes, the unleavened bread of slaves, replaces the matzah.

Pesach is truly the story of all people who seek the simple freedom to live their lives to their fullest potential. Rethink your Seder Plate this Pesach during a time of COVID-19, BLM, ERA, NOW and the rise of white supremacy.

Most of you already have your unique, traditional Charoset recipes, but here's to switching it up a bit with a Sephardic or African-American Jewish Charoset. I have also included a recipe for hoe cakes. Enjoy!

## SEPHARDIC CHAROSET

(recipe of the Ryan's Sephardic Jewish heritage, immigrants to the Virginia colony ca. 1740)

### Ingredients

- ½ c. grated coconut
- ½ c. ground pecans
- ¼ c. sugar
- 2 tsp. cinnamon
- 1 c. raisins\*

- 1 c. dried apricots
- ½ c. dried apples
- ½ c. dried prunes
- ½ c. dried pears
- ½ c. dried mango
- 12 oz. cherry preserves
- 1/3 c. Malaga wine (a cherry wine)

*\*Because my great-grandmother added the mango to the recipe because it was a fruit introduced to her when she settled in the Arizona territory, I modified the recipe to include cranberries for my love of New England by substituting ½ c. raisins and ½ c. cranberries.*

## Directions

*I modernized the cooking methods from the old recipe to use a food processor. If you do not have a food processor, finely chop the coconut and pecans. Dice the dried fruit into about ¼" – ½" pieces. Dried fruit swells when cooked, thus, the small pieces.*

1. Insert metal blade in processor. Combine coconut, pecans, sugar, and cinnamon with 2-3 pulses. Add dried fruits and chop with 3- 5 pulses, or until mixture is in medium-sized pieces.
2. Place in a 4-quart pot, adding just enough water to cover. Simmer uncovered, stirring occasionally with a wooden spoon, for about 1 hour. When mixture begins to thicken and come together, stir in cherry preserves. Remove from heat; add wine and let cool. As it cools, it will thicken even more. I prepare Charoset at least 24 hours before serving. If refrigerated, it can last the entire Pesach week.

*Yields about 3 cups.*

*Note: This recipe can be easily doubled.*

Continued on page 19

# What's on your Seder Plate continued from page 18



## AFRICAN-AMERICAN JEWISH CHAROSET

(recipe inspired by Michael Twitty, African American Jewish Chef)

### Ingredients

½-1 c. pecans, coarsely chopped  
2-3 peaches  
1 c. chopped dried figs  
½ - 1 c. blueberries  
¼ c. molasses\*  
1 tbsp. sugar\*  
Splash of rum  
¼ tsp. nutmeg  
1 tsp. cocoa powder

\*You may substitute the molasses and sugar with ¼ c. packed dark brown sugar.

### Directions

1. Dice peaches into bite-size pieces to create about 1 ½ cups of fruit. If you cannot obtain fresh peaches, drain and dry canned peaches of excess liquid before you dice them.
2. Combine nuts and fruit with molasses and sugar. Add a splash of rum.
3. Sift together nutmeg and cocoa powder and sprinkle atop the fruity mixture. Toss. Chill for at least 30 minutes. Serve.

Makes about 3 cups.

## HOECAKES

(Traditional African American Jewish Recipe)

And Abraham hastened into the tent unto Sarah, and said, Make ready quickly three measures of fine meal, knead it, and make cakes upon the hearth. — Genesis 18:6

### Ingredients

2 c. whole grain cornmeal\*  
1 tsp. salt  
¼ tsp. chili powder, optional  
2 cups water  
Olive oil for frying

\* Rabbi David Kolinkin and other rabbis concluded that cornmeal is permissible during Pesach, especially whole grain or coarse cornmeal because no flour is added to it. Furthermore, cornmeal does not ferment. However, some Ashkenazi Jews may still be uncomfortable serving corn items during Pesach.

## Directions

1. Combine cornmeal, salt and chili powder with a fork. Add water and allow to set for about 10 minutes. The cornmeal will thicken just as matzah does when making matzah balls for soup.
2. Once thickened, scoop up to 1/3 cup of cornmeal for each hoecake. You may always make your hoe cakes smaller if you prefer. Shape it into a small patty. If the cornmeal mixture becomes sticky, simply wet your hands before shaping.
3. Place patties in a frying pan/skillet of hot olive oil. You may flatten the patties in the pan a bit more if you like them thinner, much like preparing potato latkes. Fill the pan with the hoecakes. Allow hoecakes to fry for about 5 minutes or until the underside is golden brown. Flip and continue frying until the second side is browned. It takes about 10 minutes for each batch. Transfer to platter lined with paper towels to absorb excess oil. If you use a 12-inch skillet, you will yield about 2 batches based upon the size of the hoecakes.



# DONATIONS

## EDUCATION Fund

Cheryl & Joel Friedberg  
*In loving memory of  
Samuel Friedberg*

Bobby & Karen Spiegel  
*In loving memory of  
Isaak Meyer*

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Bobby & Karen Spiegel  
*In loving memory of  
Dr. Max Spiegel*

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Joyce Severson  
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The Barembaum Family  
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Sol's mother  
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*In loving memory of  
Myra's father  
Harold Gamer*

*The donations listed above  
were received by CBS before  
February 19, 2021.*

# SCRIP!!

- \* WORKS LIKE CASH
- \* NO ADDITIONAL COST
- \* USE IT AS GIFT CERTIFICATES
- \* BUY IT IN ANY AMOUNTS
- \* LOCAL STORES & BUSINESSES
- \* 5%-20% RETURNS TO ORGANIZATION
- \* SUPPORTS OUR COMMUNITY

### Stores Include:

SUPERMARKETS  
RESTAURANTS  
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For orders or questions, please contact our  
Scrip Coordinator: Shirli Driz at (951) 201-9779 or monypwr@yahoo.com or  
Backup Rep: Renee Miller at (909)228-5945 or renee.miller.slp@verizon.net

# Looking for fresh Challahs?

Mark Koren bakes fresh Challah, Challah Rolls and Rye Bread for purchase.

Please order by Tuesday for Friday availability.

Call Gail Koren (951) 204-4757



## Recommended items for a Basic Emergency Supply Kit

Through its **Ready Campaign**, the Federal Emergency Management Agency educates and empowers Americans to take some simple steps to prepare for an respond to potential emergencies, including natural disasters and terrorist attacks. **Ready** asks individuals to do three key things: get an emergency supply kit, make a family emergency plan and be informed about the different type of emergencies that could occur and their appropriate responses.

All Americans should have some basic supplies on hand in order to survive for at least three days if an emergency occurs. To the right side, is a listing of some basic items that every emergency supply kit should include. However, it is important that individuals review this list and consider where they live and the unique needs of their family in order to create an emergency supply kit that will meet these needs. Individuals should also consider having at least two emergency supply kits, one full kit at home and a smaller portable kits in their workplace, vehicle or other places they spend time.



### Recommended Items to Include in a Basic Emergency Supply Kit:



- Water, one gallon of water per person per day for at least three days, for drinking and sanitation**
- Food, at least a three-day supply of non-perishable food**
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both**
- Flashlight and extra batteries**
- First aid kit**
- Whistle to signal for help**
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place**
- Moist towelettes, garbage bags and plastic ties for personal sanitation**
- Wrench or pliers to turn off utilities**
- Can opener for food (if kit contains canned food)**
- Local maps**

# Friday Night Services with CBS are Interesting

**Join us for In Person and Via Zoom Services and experience a rich spirituality.**

- ◆ The first Friday night of the month is a 6:30 PM Family Service.
  - ◆ Cantor Shapiro will lead services and celebrate birthdays and anniversaries during the first Friday Services.
- ◆ All other services are at 7:30 PM.
- ◆ The First, Third and Fifth Fridays and Third Saturday of the month are Cantor-led services
  - ◆ The Cantor adds a professional touch: the services are very interactive with participation from those in attendance.
- ◆ The Second and Fourth Friday Services may be led by:
  - ◆ Religious School and Confirmation students and teachers
  - ◆ Regular Lay Leaders (Bob Stone and Joan Zak)
  - ◆ YOU!!!!!!!!!!!!!!
- ◆ Onegs comply with CDC guidelines, call Gail Koren for information (951) 688-1709
- ◆ Special Occasion Services
  - ◆ Shabbat Under the Stars— typically in September
  - ◆ Shabbat Across America—A special service honored all over our country



THE STRENGTH OF A PEOPLE.  
THE POWER OF COMMUNITY.

## Toilet Articles

- ⇒ Tooth Brushes
- ⇒ Tooth Paste
- ⇒ Soap
- ⇒ Shampoo
- ⇒ Razors
- ⇒ Shave Cream
- ⇒ Skin Cream
- ⇒ Deodorant
- ⇒ Cotton Swabs
- ⇒ Facial Tissue

Show Corona's Homeless

CBS  
Cares



# Congregation Beth Shalom Funds

To make a donation in honor or in memory of a loved one or friend, select the Fund that you prefer and fill in the Donor card below. Send the bottom portion of this form to the CBS office with your donation.

We appreciate your support very much.

- ◆ **Youth Development Fund** (to provide scholarships for various programs including our religious school students to attend residence camps with significant Jewish programming and other programs)
- ◆ **General Fund** (to support the synagogue's daily operations)
- ◆ **Facility Fund** (to enhance, maintain and make improvement to our facility)
- ◆ **Cantor Discretionary Fund** (for charitable, hardship and educational purposes at Cantor's discretion)
- ◆ **Prayer Book Fund** (for purchasing, repairing, updating prayer books)
- ◆ **Adult Education Fund** (to support Adult Education programs)
- ◆ **Chesed Fund** (for the work of the Chesed Committee which responds in times of need for a birth, illness, emergency, or death in the family)
- ◆ **Torah Fund** (for the repair and/or purchase of the Torah Scrolls, Torah Commentaries, and other Bimah needs)
- ◆ **CBS Education Fund** (for materials, field trips, and other educational needs)

\*\*\*\*\* Send this portion back \*\*\*\*\*

I would like to make a donation of \$ \_\_\_\_\_ to the \_\_\_\_\_ Fund.

In Honor/Memory of: \_\_\_\_\_

**Please send a card to (recipient):**

Name: \_\_\_\_\_

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Name: \_\_\_\_\_

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**Form of Payment:**  Credit Card  Check  Cash

Credit Card Number: \_\_\_\_\_ CRV: \_\_\_\_\_

Name on card: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Signature: \_\_\_\_\_

Donor acknowledgement required?  Y  N

Thank you for mailing this form and your check to:  
**Congregation Beth Shalom, PO Box 2737, Corona, CA 92878**

**ATTN: Donations**

# SAFETY FIRST

## SYNAGOGUE POLICIES

Safety is **FIRST** and **FOREMOST**. The guidelines are printed here.

CBS wants you to participate at your own comfort level, whether in person or via the internet.

Specific to IN PERSON, a crew of dedicated volunteers have ensured the RE-OPENING exceeded the CDC standards—again SAFETY is our #1 focus.

Deep cleaning the synagogue is done before services and at other times the facilities are used.

In an effort to **PROTECT** the **SAFETY** OF **ALL** please be sure you follow these policies:

- 1. If you do not feel well, have a cough, cold or are ill, please do not come to synagogue.**
- 2. Masks are required at all times while at the synagogue, you need to bring your own. If you don't have one, we can offer a single-use mask, compliments of a generous donation from CBS Members Paula and Mark Fogel.**
- 3. Yarmulke / head coverings: please bring and wear your own.**
- 4. Hand Sanitizer will be available at the entrance of the synagogue. Please use when entering.**
- 5. Other than your immediate family, social distancing will be in place. Please keep at least six feet apart.**  
**Therefore: refrain from hugging, shaking hands, touching other people in any way.**
- 6. We want to thank you for following these policies, and we ask that each person take precautionary measures to ensure the safety of others.**

## SOCIALLY DISTANCED READY FOR IN-PERSON SERVICES

A huge thank you to Mark & Gail Koren for preparing the Synagogue according to CDC recommendations for Social Distance requirements—each row has been spaced 6 feet apart. Each chair has been thoroughly sanitized and will be done each week between services and events held at the Synagogue.

CDC guidelines allow families to sit together, and at the recent services, this photo shows families and attendees complying with these guidelines.

We do ask attendees to space three (3) empty chairs between different groups to ensure the 6' rule is adhered to.

All masks and other protocols outlined above are still in place.

Our little Shul continues to be on the forefront of being creative.

We offer BOTH, in-Person services and Zoom technology. With the support and assistance of many of our synagogue members, we are able to provide the warmth and loving services that our members enjoy. A huge thank you to Cantor Bruce Shapiro for being flexible and understanding our needs; to Dennis Brooks for the gift of the camera / video equipment which provides excellent images. Thank you to Bruce Rouman, Sam Miller, and Bob Stone for their on-site help and technical assistance.





# Yahrzeit Observances

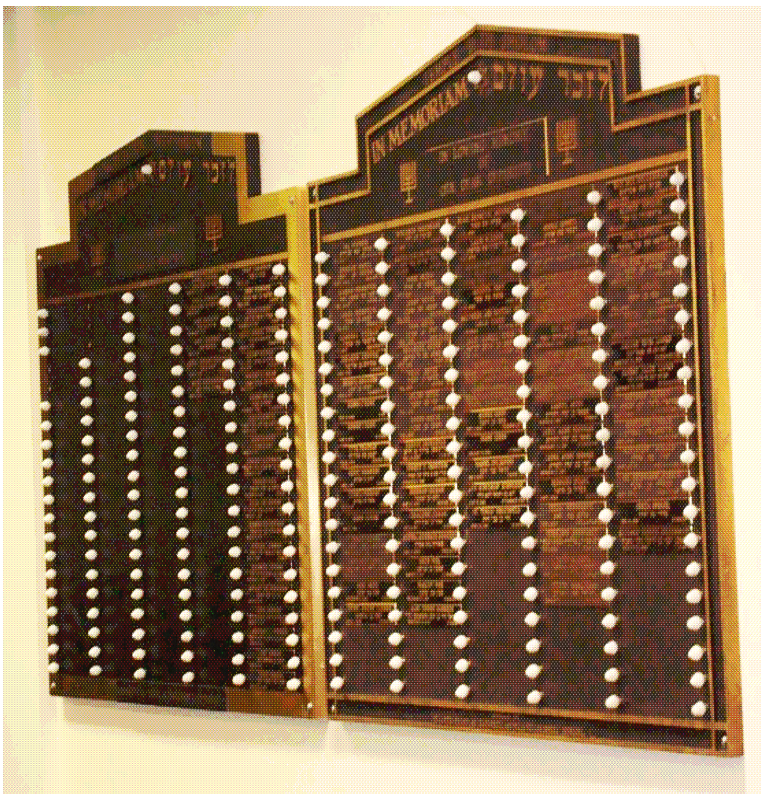
## May their memories be a blessing

Mar 1	Lisa Schwimmer Clerici	17 Adar	Mar 30	Marla Saphira	17 Nisan
Mar 5	Michael Sidler	21 Adar	Apr 3	Tillie Itzkowitz*	21 Nisan
Mar 6	Matthew Kofsky*	22 Adar	Apr 3	Ann Kaufmann	21 Nisan
Mar 6	Erich Weil*	22 Adar	Apr 3	Gerda Nordon	21 Nisan
Mar 8	Scott Thompson*	24 Adar	Apr 5	Thadia "Dee Dee" Gillerman*	23 Nisan
Mar 8	Yankel Weinstein*	24 Adar	Apr 7	Evelyn Weinberg*	25 Nisan
Mar 9	Jacob Horwitz*	25 Adar	Apr 8	Jerome Tarshis*	26 Nisan
Mar 9	Isaak Meyer*	25 Adar	Apr 9	Max Lechtman	27 Nisan
Mar 10	Irving Taks	26 Adar	Apr 10	Jeffrey Edward Goldstein*	28 Nisan
Mar 11	Isaac Bilgri	27 Adar	Apr 10	Seymour Leeds	28 Nisan
Mar 14	Luvella Mercier	1 Nisan	Apr 12	Barbara W. Smith*	30 Nisan
Mar 15	Felice Merrill Rouman*	2 Nisan	Apr 13	Elena Widder	1 Iyar
Mar 16	Meyer Shapiro	3 Nisan	Apr 15	Selma Lich	3 Iyar
Mar 21	Samuel Agins*	8 Nisan	Apr 22	Betty Friedberg*	10 Iyar
Mar 22	Abraham Singer*	9 Nisan	Apr 23	Edith Werby	11 Iyar
Mar 23	Lionel Gillerman*	10 Nisan	Apr 23	Baruch Grinshpan*	11 Iyar
Mar 23	Sherman Gilman*	10 Nisan	Apr 26	Arthur Shapiro	14 Iyar
Mar 24	Irving Schlusberg*	11 Nisan	Apr 26	Jacob Haskel Eisen*	14 Iyar
Mar 26	Rebeca Barembaum	13 Nisan	Apr 27	Bonnie J. Flint*	15 Iyar
Mar 27	Sarah Shulman	14 Nisan	Apr 28	Gerald Notick	16 Iyar
Mar 29	Dr. Max Spiegel*	16 Nisan	Apr 28	Sylvia Oberstein	16 Iyar
Mar 29	Dr. Tomas Hirschfeld*	16 Nisan			

\* denotes Memorial Board Plaque

For questions or corrections, please contact Noemi Schulman at [noemis@me.com](mailto:noemis@me.com) or (909) 262-6938.

## MEMORIALIZE YOUR DEAR ONES!



**Memorial  
Plaques are  
available  
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For more  
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Bruce Rouman at  
(951) 847-4632

Plaque forms are  
available at the  
Synagogue

## NOTICE TO ALL CBS MEMBERS

All CBS members  
should be receiving  
Yahrzeit reminder  
letters / notices of the  
anniversary of your  
loved ones.

If you are not  
receiving notices,  
please contact  
Jackie Williams at  
(951) 734-8045,  
so we can make the  
corrections.



Congregation Beth Shalom  
 PO Box 2737  
 Corona, CA 92878  
 (951) 734-4033  
 www.CBSofCorona.org

## Dates to Remember

**ACTIVITIES & SERVICES WILL BE IN PERSON UNLESS NOTED— MANY ARE OFFERED VIA INTERNET**

IN PERSON EVENTS ARE AT 500 HARRINGTON ST. STE. A1 CORONA, CA—UNLESS OTHERWISE NOTED with an asterisk (\*)

## CBS invites you to JOIN “IN”

Yes, Join us IN Person, or on the INTERNET

CBS Board of Directors have worked diligently to provide comfortable options for our members. #1 goal is safety, followed by spirituality, and common sense is always on the list. If you have questions, ask! We are an inclusive, growing organization with open minds and a mission to strive for excellence.

MARCH 2021		
1	RITUAL MEETING	6:30 PM
4	BROTHERHOOD POKER	7:00 PM
5	EREV SHABBAT SERVICE AND NJOP SHABBAT ACROSS AMERICA LED BY CANTOR SHAPIRO and RABBI MEL YOUNG	6:30 PM
7	SCHOOL	8:30 AM
7	ADULT EDUCATION w/ JOAN ZAK	9:00 AM
12	EREV SHABBAT SERVICE	7:30 PM
14	SCHOOL	8:30 AM
14	BOARD MEETING	9:00 AM
17	BROTHERHOOD POKER	7:00 PM
19	EREV SHABBAT SERVICE w/ CANTOR SHAPIRO	7:30 PM
20	TORAH STUDY w/JOAN ZAK	9:00 AM
20	SHABBAT SERVICE w/ CANTOR SHAPIRO	10:00 AM
21	SCHOOL	8:30 AM
26	EREV SHABBAT SERVICE w/ ARRIANNA WOLFE	7:30 PM
27	PASSOVER 1st NIGHT w/ YOUR FAMILIES	
28	COMMUNITY SEDER FOR 2nd DAY PASSOVER on Zoom	6:00 PM

APRIL 2021		
1	BROTHERHOOD POKER	7:00PM
2	EREV SHABBAT SERVICE w/ CANTOR SHAPIRO	6:30PM
4	SCHOOL	8:30AM
4	8th DAY OF PASSOVER, SEVICES (at 10 AM) FOLLOWED BY YIZKOR (11 AM) w/FELIX SMITH	10:00AM
5	RITUAL MEETING	6:00PM
9	EREV SHABBAT SERVICE	7:30PM
11	SCHOOL	8:30AM
11	BOARD MEETING	9:00AM
16	EREV SHABBAT SERVICE w/ CANTOR SHAPIRO	7:30PM
17	TORAH STUDY w/JOAN ZAK	9:00AM
17	SHABBAT SERVICE w/ CANTOR SHAPIRO	10:00AM
18	SCHOOL	8:30AM
21	BROTHERHOOD POKER	7:00PM
23	EREV SHABBAT SERVICE	7:30PM
25	SCHOOL	8:30AM
30	EREV SHABBAT SERVICE w/ CANTOR SHAPIRO	7:30PM

# WE ARE BACK OPEN!! COME VISIT US!

Social Distancing and CDC Guidelines will be followed.