



CBS MONTHLY NEWSLETTER | APRIL 2021 | NISAN—IYAR, 5781

## Cantor's Corner *by Cantor Bruce Shapiro*

### APRIL SHOWERS BRING MAY FLOWERS!

What this means is that *“this is a period of discomfort which can provide the basis for a period of happiness or joy. Every dark cloud has a silver lining.”*

What are we showered or burdened with this month that will help us grow in the next month? April brings the end of Pesach and the Exodus from Egypt. It is a renewal of

sorts that reminds me of the High Holidays in the not too distant past and the Shabbat we approach each and every week.

**Zechar L'Tzi'at Mitzrayim**, Remember the Exodus from Egypt. This phrase can also mean, “remember the narrow places” that we may have trouble navigating. We sing this every Friday night during Kiddush, a time of sanctifying/elevating our wine the fruit of the vine, to remind us that we are a “Free” people to make choices of our own. It also reminds us that we sometimes have issues in our own lives that may hold us back from being the best person we can possibly be.



**SEE CANTOR Continued on page 2**

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## REB MEL YOUNG—PSALM 29

The following is a writing that Rabbi Mel Young shared with Cantor Shapiro. Reb Mel, as Cantor so eloquently refers to him, has been a real blessing to our congregants and synagogue. He brings his enthusiasm, love, and special personality to every word ... carefully crafted and with purpose. Enjoy!

Thank you, Cantor Bruce, and

the energizing and uplifting community of Congregation Beth Shalom, for the privilege of participating in your **Shabbat Across America**.

I always surprise those that do not know Hebrew, that they really do know some Hebrew, namely when saying an often-used phrase—namely “Hallelujah.”

The Hebrew word for “praise” is “Hallel” and thus the Hebrew word, “hallelujah”, includes the word “hallel” meaning “praise.” And the “jah” in hallelujah is one of the 72 names in the **Hebrew Bible**, the **Chumash**, for the name of G-d. Thus when one proclaims, hallelujah, one is actually pronouncing the Hebrew for “praise G-d.”

Continued on page 12

# CBS LEADERSHIP

## Spiritual Leader

Cantor Bruce Shapiro (949) 697-7641

## 2021 BOARD OF DIRECTORS

### EXECUTIVE OFFICERS

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Bruce Rouman (951) 847-4632

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#### VP of Brotherhood

Joel Friedberg (951) 817-0713

### OTHER IMPORTANT CONTACTS

#### Birthday/Anniversary/Yahrzeit

Noemi Schulman (909) 262-6938

#### Youth Chair

Jessica Rouman (Kadima) (951) 733-2231

#### Gift Shoppe & Israel Outreach

Stephanie Sachs (951) 736-3058

Renee Miller (909) 228-5945

#### Newsletter

Bobby Spiegel (951) 733-1836

#### Onegs

Gail Koren (951) 688-1709

#### Garden of Shalom Contact

Sam Miller (909) 374-1499

Saul Shulman (951) 277-4027

#### Legacy Luncheon

Renee Miller (909) 228-5945

Marci Rouman (951) 735-6814

#### Scrip Program

Shirli Driz (951) 201-9779

\* = through June 2021

# CANTOR *Continued from page 1*

As we begin on the 2<sup>nd</sup> night of Passover to count the Omer and head towards **Shavuot**, the giving of the Torah to the Israelites, what will be the actions you take to help yourself move out of the “narrow places in your life”?

As a nation we are facing unknown times. Or are we? Have we been down “this road” before? Is history repeating itself? Social media says one thing, we say another. One news show says one thing, another something else with opposing views. We are a nation divided in ideals, philosophy, and ideology. We are in “a narrow place”, trying to figure out how to solve the nations’ and worlds’ problems. What we say matters! What others say matters! In the Torah portion **Tazria-Metzora**, we read about skin/flesh disorders. But what we are really talking about on a deeper level is **Lashon Ha-ra**, the “evil tongue”. Yes, what we say matters, but how we say it, how we present it must sometimes be stated in a very careful way so as to show we are listening, hearing, what the other person is saying. Do we have to agree? Not necessarily. What if you are adamant about your position?

Let’s just say that “**we are going to agree to disagree**” on that point. Sometimes you cannot sway someone to your side. Is it better to continue your argument with “venom” or discuss an issue with clarity? Is it better to still walk away from a discussion knowing where the other person stands and still be “friends” leaving the opportunity to come back another time and talk about it more?

My father (z”l) once told me the following, “you have 2 ears and a mouth. Use them in that proportion!” To this day, I try to be a good listener. I try to think before I speak. It doesn’t always work, but I try. It’s a difficult lesson that I continue to practice. And when I do speak, I respect others feelings and their reputation without embarrassing them.

**If you have guarded your mouth from evil speech, your days will be peaceful (Derech Eretz Zuta 9).**

**Adon Olam**, Master of the Universe, counting up elevates us to a new level. It allows us to slow down and enjoy the journey on the way to acceptance of Your Torah, the instructions for life!

May the counting of the Omer elevate you to new heights of learning, listening, and joy!

Looking forward to seeing you all in person or on Zoom soon! **Stay healthy and please continue to wear a mask.**

## President's Message

# ***Annual recognition event, Legacy Luncheon schedule for March 27, 2022***

The postponement of the 15th Annual Legacy Luncheon was a difficult decision, knowing that the vaccine was about to be distributed. It did not seem prudent to put our guests at risk by asking them to attend a luncheon. Our regular facility, Eagle Glen Golf Club, was not scheduling or hosting events inside their party rooms. We thought about holding the event outside, but the weather might become an issue: cold and/or rainy.

We thought about recording the event and offering it as a webinar event. That would take a lot of know-how and planning and that planning would have had to start back at the beginning. The auction, which helps bring in additional funds, would be another item to reinvent. There were too many problems to overcome to hold our in-person fundraising luncheon this year.

If we had paid staff, with time to reorganize the luncheon, it might have been possible to hold it. The Legacy Committee came up with various scenarios, but decided to stay with the event that we know works well.

The Legacy Luncheon Chairperson, Renee Miller, contacted the honorees and everyone was amenable to the change of date. Skipping a year in our fundraising endeavors, keeps us the same as most other organizations, who have postponed their events, too.

The date for the next Legacy Luncheon is **March 27, 2022 at Eagle Glen Golf Club**. The committee will begin meeting in June to plan the event. They are always eager for additional volunteers: please contact Renee Miller or Marci Rouman to help with the 2022 planning!

We have had several opportunities to get together at CBS for services. Since the synagogue is now reopened, please enjoy these times of social-distance socializing.

The next "big event" is our Annual Membership Meeting on Sunday, June 13. We'll serve our "time tested" Brunch Boxes and set up tables and chairs out-of-doors.

Oneg Shabbats are back, still keeping safety in mind. Please contact Gail Koren if you want to sponsor an Oneg, see page 6. We will all select foods that are pre-packaged and sealed, since we still have many people who are not yet vaccinated. Traditions like ripping the challah and holding hands during the chanting of V'Shamru are in the future. We are continuing to provide on-line services via Zoom.



**Bruce Rouman**  
President of CBS

We are making progress towards returning to "normal". Thanks to everyone for their patience with our "small steps" towards that goal.

Bruce Rouman, President, CBS of Corona

## **New Project for CBS Members**

# **Locating Personal Important Papers**

Congregation Beth Shalom will store information about the location of your important documents.

You will keep your documents. We will keep the location of your documents and your emergency contact list. This is a voluntary project; you decide if you want to participate. Your information will be kept securely, and will be available to you and your family in case of emergency or death.

If you have questions about this project, please contact Joan Jacobs, Vice President of Security and Safety at (323) 228-5503.

Forms will be mailed or emailed to CBS Members within the next few weeks.

# ONEG / KIDDISH IN A BAG!

*'the little shul that could...'*

*Submitted by Bobby Spiegel*

I recall the excuse stated by some of my classmates, when the teacher asked them about their homework, "my dog ate it!" It was then I was perplexed, as we didn't have a dog, no pets, well except goldfish, if those count! I will get back to this pet thing shortly!

We are happy to resume (not Re-Zoom) our IN PERSON services, keeping with CDC guidelines, our little shul has embraced the best of both worlds — enabling those who are comfortable attending in person, and welcoming those who prefer to be on Zoom from the comfort of their home!

In March, we introduced the NEW "Oneg in a Bag" where with a little planning, we were able to assemble bags with individually wrapped items, including a small challah (with the assistance from Baker Mark and Gail Koren), and other little treats.

Mark and Gail have adapted to our needs of offering individual serving sizes, and baking a dozen individual serving sized challahs. We appreciate their willingness to help our shul and our congregants as we venture into our in person activities again.

Now back to that "my dog ate it" scenario. Our family had the pleasure to introduce the "Oneg in a Bag" honoring our daughter, Tanya and our Grandson, RJ for their birthdays. The following week we wanted to acknowledge other birthdays from Cantor Bruce Shapiro and Joan Zak, as well the Anniversary of Bruce and Marcy Shapiro. So we volunteered to host



Mini Challahs, individually wrapped after baking. Baked per order from Mark Koren



the oneg. We ordered 3 dozen individual challahs from Mark and Gail, and they delivered them Thursday evening, enabling us time on Friday to gather other goodies to be included in the bags.

At 9AM Friday morning, our daughter Tanya notified me, only one dozen were left, as the dogs somehow got into the other two dozen! I guess they too want to have special treats.

I immediately called Gail and asked her to have another 2 dozen baked, and though their schedule was jammed packed, they delivered them in time for everyone's enjoyment for Friday evening.

For more information on hosting an **Oneg in a Bag**, call: Gail Koren at (951) 204-4757

# Join us in Celebrating Members of our Synagogue



## MAY

- 21 Matt and Amanda Shapiro
- 23 Pete and Pam D'Agostino

## April

- 6 Bob Stone
- 11 Morrie Barembaum
- 12 Mitch Lindenbaum
- 13 Joel Williams
- 16 Paula Lipovestky
- 19 David Severson
- 19 Jackie Williams
- 21 Brenda Fusco
- 24 Rebecca Barembaum
- 26 Ken Jacobs
- 27 Ilana D'Agostino
- 27 Matt Shapiro

## May

- 1 Melissa Lindenbaum
- 11 Karen Spiegel
- 14 Amanda Shapiro
- 14 Marcy Shapiro
- 17 Leonard Elkins
- 21 Marci Rouman
- 29 Dan Fusco
- 29 Joel Friedberg
- 31 Jan Davis

# Kosher Computers Now Available

I don't know if you know this, but you can now purchase Kosher computers! They are made in Israel by a company called **DELL-SHALOM**. The price is so low... even with the shipping from Israel! However, before you purchase a kosher computer of your own, you should know that there are some important changes from the typical non-kosher computer you are used to, such as:

- 1) The 'Start' button has been replaced with a 'Let's go! I'm not getting any younger!' button.
- 2) You hear 'Hava Nagila' during startup.
- 3) The cursor moves from right to left.
- 4) When Spell-checker finds an error it prompts, 'Is this the best you can do?'
- 5) When you look at erotic images, your computer says, 'If your mother knew you did this, she would die.'
- 6) It comes with a 'monitor cleaning solution' from Manischewitz that gets rid of all the 'schmutz und drek.'
- 7) When running 'Scan Disk' it prompts you with a 'You want I should fix this?' message.
- 8) After 20 minutes of no activity, your PC goes, 'Schloffen.'
- 9) The PC shuts down automatically at sundown on Friday evenings.
- 10) It comes with two hard drives - one for fleyshedik (business software) and one for milchedik (games).
- 11) Instead of getting a 'General Protection Fault' error, your PC now gets 'Ferklempf.'
- 12) The multimedia player has been renamed to 'Nu, so play my music already!'
- 13) When your PC is working too hard, you occasionally hear a loud 'Oy Gevalt!'
- 14) Computer viruses can now be cured with matzo ball soup.
- 15) When disconnecting external devices from the PC, you are instructed to 'Remove the cable from the PC's tuchus.'
- 16) After your computer dies, you have to dispose of it within 24 hours.
- 17) But best of all, if you have a kosher computer, you can't get SPAM...

*The above submission was sent by a dear friend via text, and we thought you might enjoy a little humor....*

# RITUAL *Report*

Jackie Williams,  
Ritual Chairperson

Thank you to Dennis Itzkowitz, Zophia Lindenbaum and RJ Spiegel for leading services on March 12 and to Joan Zak for leading them on March 26. It is very much appreciated.

In April Bob Stone will lead services on April 9 and Marci Rouman and Renee Miller will lead services on April 23.

It looks like we are back in the synagogue for Shabbat services, finally. The services will also be on Zoom for those who prefer to be at home.

Please stay healthy and stay safe.

## Fresh and Mini Challahs

Mark Koren bakes fresh Challah, Challah Rolls and Rye Bread for purchase.

**NEW: Mini Challah, individually packaged for Covid-friendly Oneg!**

Please order by Tuesday for Friday availability.

Call Gail Koren  
(951) 204-4757



## Oneg / Kiddish Schedule

If you are interested in sponsoring an Oneg or Kiddish in a Bag, please connect with Gail Koren at (951) 204-4757.

We are asking people to donate \$36 to our Oneg / Kiddish Fund.

This money will be used to purchase the bags, individually wrapped mini challah, candy, drinks and any other items.

April		Hosted by
2	Oneg	Sharon & Lenny Elkins
9	Oneg	Kath & Bob Stone
16	Oneg	Cheryl & Joel Friedberg
17	Kiddish	Available, call Gail
23	Oneg	Renee & Sam Miller
30	Oneg	Dennis Itzkowitz

Those individuals that donate to the Oneg / Kiddish Fund will be acknowledged by having their names on the CBS calendar as an Oneg Sponsor.

May		Hosted by
7	Oneg	Available, call Gail
14	Oneg	Available, call Gail
21	Oneg	Available, call Gail
22	Kiddish	Available, call Gail
25	Oneg	Available, call Gail

Please outreach to Gail Koren at (951) 204-4757 and reserve the date(s) you wish to sponsor.

# EDUCATION *Report*

Marci Rouman, *Education Director*

## Passover 2021-Here We Go Again



The best known quote from the Passover Seder is “Why is this night different from all other nights?”

Last Passover this quote took on a different meaning with the onset of the pandemic. 2020 was the realization of the virtual experience. This year was virtual as well for many community Seders. This is due to the fact that we are in the middle of the vaccination process. So once more, we had a virtual community Seder.

Much like our motto of being in the town of CORONA, where it is no alignment to the world wide pandemic name, it has a rich history of being the “Lemon Capital of the World”.

We truly do make Lemonade from those Lemons handed us!

The Chabad in Chino Hills created a Kids Club for Jewish learning, and our synagogue has embraced Rabbi Mendy Harlig’s efforts in expanding this program. On Sunday, March 21, seven children from Religious School participated in Chabad of Chino Hills’ Model Matzah Bakery. This was an outside, socially distanced event. Our students participated in this fun, traditional Passover event. The students were able to experience the journey of baking matzah, from start to finish. They were able to grind the wheat, sift the flour, and knead the dough. It was a good time for all!



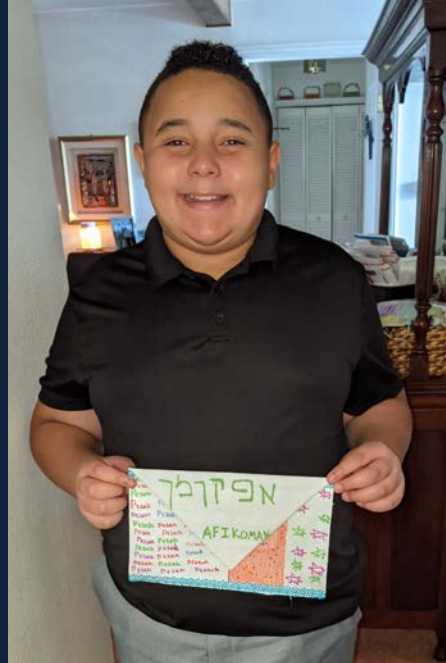
# EDUCATION *Through Arts & Crafts*

Marci Rouman, Education Director

## Afikomen



Our Religious School meets regularly on Sundays. Marta Driz spent the morning with our students. She educated our students on Passover through arts and crafts.



Our students made a decorative holder for the Afikomen.

It is nice for the students to have something to share with their families.



They also made a paper project that displays the ten plagues.

Thank you Marta.

Enjoy the photos.

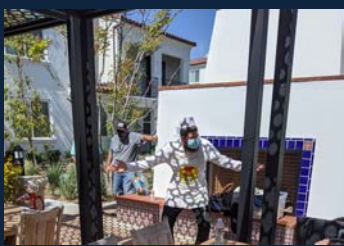
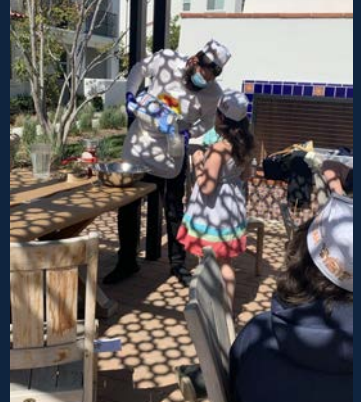
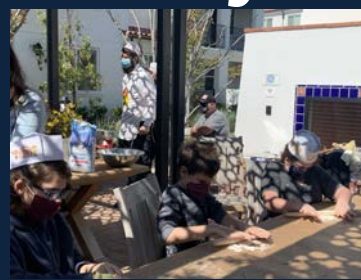




# EDUCATION *Fieldtrip*

Thank you Chabad of Chino Hills, Rabbi Mendy and Esther Harlig for including CBS!

## Matzah Bakery



# EDUCATION *Fieldtrip*



# Refuah Shlema

Our Community  
Prayer for Healing

- BRYN BARKAN
- MYRA BILGREI
- SOL BILGREI
- JACQUELINE FOGEL
- HARRIET GILLERMAN
- EILEEN NOTICK
- SANDRA SHULMAN
- FELIX SMITH
- RABBI MEL YOUNG

## Recommended items for a Basic Emergency Supply Kit



### Recommended Items to Include in a Basic Emergency Supply Kit:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps

Ready



FEMA

## Simcha Board Tree of Life

Congregation Beth Shalom has a beautiful Simcha Board, called the *Tree of Life*, on display as you enter the synagogue lobby.

This Simcha Board allows families and individuals to purchase leaves for \$180 each for:

- Simchas
- Milestones
- Birth of a child/grandchild
- Graduations
- Promotions
- Engagements
- Accomplishments and more!

For more information, contact  
President Bruce Rouman (951) 847-4632.



# PSALM 29—REB MEL continued from page 1

And **Tehillim**, meaning **Book of Psalms**, also includes the root from “hallel” meaning “to praise, to shine.” In a sense, when singing, reciting a psalm, one is called upon to bring forth “light.”

**Tehillim, Book of Psalms**, remembering a psalm is a sacred song or poem integrated into our worship, is the first book of the section in the **Hebrew Bible**, known as **Ketuvim** (Writings). This book is an anthology of 150 individual psalms, traditionally ascribed to King David.

And the Hebrew word for psalm is “mizmor”, which is derived from the Hebrew root meaning “to pluck.” This verb is used, for example, in the “plucking: of fruit, or, within our liturgical context, “plucking” a stringed musical instrument. So thus, when beginning a reading, sing of a psalm it will begin with the word “mizmor,” or as in **psalm 29, mizmor le David, a song of David**.

Robert Alter, the renowned Professor of Hebrew and Comparative Literature at the University of California, Berkeley, recently published his magnificent and monumental work in translating the complete **Hebrew Bible** from a literary lens. Alter sees **Psalms**, and I quote, “as the words when we have none of our own, psalms can express thanks, suffering, a cry for help or faith and devotion.” For Alter, **Psalms** provide us a linguistic medium for religious experience. And thus, for Alter, it is not arbitrary that **Psalms** are found in the beginning of many a prayer service.

**Psalm 29** is recited prior to *Lecha Dodi*, and when we return the Torah to the Ark on Shabbat mornings. David is communicating that we are to ready ourselves for HaShem. Kavod, honor, and gevurah, might, belong to HaShem—we are to be in awe of HaShem.

The eleven verses in this **Psalm** mention HaShem 18 times, and thus the men of the Great Assembly, who established the format of liturgy we use today, ensured that 18 blessings comprise our Standing Prayer, known as the **Amidah**.

Verse One reads in Hebrew: מִזְמוֹר, לְדָוִד: הָבוּ לַיהוָה, בְּנֵי אֱלֹהִים; הָבוּ לַיהוָה, כְּבוֹד וְעֹז.

**A song of David.** “Prepare for the Lord, sons of the mighty; prepare for the Lord glory and might.”

It is here that Rashi states the derivation of the ruling that for the first blessing of the **Amidah** we should say the blessing for our Patriarchs Avot, and in modern times includes our Matriarchs, Emahot. As “benei elim” refers to the sons of the powerful, namely Abraham, Isaac, and Jacob, righteous souls. And for our modern sensibilities our daughters of the powerful, Sarah, Rebecca, Rachel, and Leah, represent all powerful women, women of righteousness.

I love the repetition of how HaShem’s voice is described, the voice of the Lord breaks the cedars, and the voice of the Lord causes the desert to quake. For



**Rabbi Mel Young**

the voice of HaShem is critical to understanding our Jewish tradition. For G-d spoke to the entire Jewish people at the foot of Mount Sinai. As Moses says in **Devarim/Deuteronomy chapter 4: 32-35**, ‘You have been shown in order to know that God, He is the Supreme Being. There is none besides Him. From heaven He let you hear His voice in order to teach you, and on earth He showed you His great fire, and you heard His words amid the fire. (**Devarim/Deut. 4:32-36**)

**Psalm 29** reinforces our auditory senses with the motif of “the voice of G-d.” and what the voice can do, impact, lead to, and result thereof. Such imagery in **Psalm 29** remind us how our sensory faculties link us to the spiritual presence of HaShem.

And may HaShem this Shabbat be ever-present in the lives of each one of us, our families, and our cherished CBS community.

## Congregation Beth Shalom

### Adult Education

# The Sephardic Shabbat Service

Sunday April 4, 2021 at 9:00 A.M. On-Line

Joan Zak is inviting you to a scheduled to a ZOOM Meeting

<https://us04web.zoom.us/j/5848495878?pwd=OGNjcTFTNzMxZXd5dWRWWWmliOEIRdz09>

In case the link does not work, open Zoom and use the codes below:

Meeting ID: 584 849 5878

Password: 989345

**What are the components of a Sephardic Service?**

**How are the services different than our service?**

**Let's listen to familiar prayers the Sephardic way!**

**What are the halachic differences?**

We'll use Zoom.

For more information or help using Zoom,  
contact Joan Zak 760-803-5451 or [jzak@cox.net](mailto:jzak@cox.net)

## GIFT SHOPPE UPDATE



The Gift Shoppe has many new gift and home décor items which are reasonably priced, in addition to special sale items. Celebration, special occasions, birthdays or anniversaries — your CBS Gift Shoppe has meaningful gifts that are readily available. Don't forget to take a look at the wonderful jewelry that we have on display!

Call Renee Miller at (909) 228-5945 for further information.

# DONATIONS

## EDUCATION Fund

Eileen Taks

*In loving memory of  
Irving Taks*

Lynn Gerstein

Bobby & Karen Spiegel

*In loving memory of  
Karen's Mother  
Thadia "Dee-Dee" Gillerman*

## CANTOR'S DISCRETIONARY Fund

Joyce & David Severson

*In loving memory of  
Luvella Mercier*

*The donations listed above  
were received by CBS before  
March 19, 2021.*

## Sale of HAMETZ donations towards Settlement House

Joel and Cheryl Friedberg  
Bruce and Marci Rouman  
Bruce and Marcy Shapiro  
Matt and Amanda Shapiro  
Molly Shapiro  
Sol Shapiro

Becca and RJ Spiegel  
Bobby & Karen Spiegel  
Bob & Kathy Stone  
Ada & Ethan Whittemore  
Bruce & Jackie Williams  
Joan Zak & Dennis Brooks

## FACILITY Fund

Bruce & Marci Rouman

*In loving memory of  
Felice Rouman*

Bob & Kathy Stone

*For new lights*

## YOUTH DEVELOPMENT Fund

Saul & Sandra Shulman

*In loving memory of  
Saul's mother  
Sarah Shulman*

Joel & Cheryl Friedberg

*In loving memory of  
Cheryl's Mother  
Evelyn Weinberg*

*Joel's Mother,  
Betty Friedberg*

## TREES in ISRAEL

Tom & Geri Hunt

Malissa Hathaway McKeith

*In loving memory of  
Mark Rubin,*

*Holocaust Survivor,  
Philanthropist, Visionary,  
Developer and Builder*

# SCRIP!!

- \* WORKS LIKE CASH
- \* NO ADDITIONAL COST
- \* USE IT AS GIFT CERTIFICATES
- \* BUY IT IN ANY AMOUNTS
- \* LOCAL STORES & BUSINESSES
- \* 5%-20% RETURNS TO ORGANIZATION
- \* SUPPORTS OUR COMMUNITY

### Stores Include:

SUPERMARKETS  
RESTAURANTS  
DRUG STORES  
DEPARTMENT STORES  
GAS STATIONS  
BOOK STORES  
HOME IMPROVEMENT



For orders or questions, please contact our  
Scrip Coordinator: Shirli Driz at (951) 201-9779 or monypwr@yahoo.com or  
Backup Rep: Renee Miller at (909)228-5945 or renee.miller.slp@verizon.net

# Friday Night Services with CBS are Interesting

**Join us for In Person and Via Zoom Services and experience a rich spirituality.**

- ◆ The first Friday night of the month is a 6:30 PM Family Service.
  - ◆ Cantor Shapiro will lead services and celebrate birthdays and anniversaries during the first Friday Services in person and via Zoom.
- ◆ All other services are at 7:30 PM.
- ◆ The First, Third and Fifth Fridays and Third Saturday of the month are Cantor-led services
  - ◆ The Cantor adds a professional touch: the services are very interactive with participation from those in attendance.
- ◆ The Second and Fourth Friday Services may be led by:
  - ◆ Religious School and Confirmation students and teachers
  - ◆ Regular Lay Leaders (Bob Stone and Joan Zak)
  - ◆ YOU!!!!!!!!!!!!!!
- ◆ Onegs comply with CDC guidelines, call Gail Koren for information (951) 688-1709
- ◆ Special Occasion Services
  - ◆ Shabbat Under the Stars— typically in September
  - ◆ Shabbat Across America—A special service honored all over our country



THE **STRENGTH** OF A PEOPLE.  
THE **POWER** OF COMMUNITY.

## Toilet Articles

- ⇒ Tooth Brushes
- ⇒ Tooth Paste
- ⇒ Soap
- ⇒ Shampoo
- ⇒ Razors
- ⇒ Shave Cream
- ⇒ Skin Cream
- ⇒ Deodorant
- ⇒ Cotton Swabs
- ⇒ Facial Tissue

Show Corona's Homeless

**CBS  
Cares**



# Friday Night Services with CBS are Interesting

**Join us for In Person and Via Zoom Services and experience a rich spirituality.**

- ◆ The first Friday night of the month is a 6:30 PM Family Service.
  - ◆ Cantor Shapiro will lead services and celebrate birthdays and anniversaries during the first Friday Services in person and via Zoom.
- ◆ All other services are at 7:30 PM.
- ◆ The First, Third and Fifth Fridays and Third Saturday of the month are Cantor-led services
  - ◆ The Cantor adds a professional touch: the services are very interactive with participation from those in attendance.
- ◆ The Second and Fourth Friday Services may be led by:
  - ◆ Religious School and Confirmation students and teachers
  - ◆ Regular Lay Leaders (Bob Stone and Joan Zak)
  - ◆ YOU!!!!!!!!!!!!!!
- ◆ Onegs comply with CDC guidelines, call Gail Koren for information (951) 688-1709
- ◆ Special Occasion Services
  - ◆ Shabbat Under the Stars— typically in September
  - ◆ Shabbat Across America—A special service honored all over our country



THE **STRENGTH** OF A PEOPLE.  
THE **POWER** OF COMMUNITY.

## Toilet Articles

- ⇒ Tooth Brushes
- ⇒ Tooth Paste
- ⇒ Soap
- ⇒ Shampoo
- ⇒ Razors
- ⇒ Shave Cream
- ⇒ Skin Cream
- ⇒ Deodorant
- ⇒ Cotton Swabs
- ⇒ Facial Tissue

Show Corona's Homeless

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# Food for Thought: An Omer of Barley

by Renée Ryan-Tieszen

Let's talk barley. To be exact, how about an omer of barley as in the counting of the Omer? That's right. An omer is the measure for just barley, which is about 2 ½ pounds. The day after Pesach, everyone reaped the barley harvest. As commanded, they made a barley cake with olive oil and frankincense as the first grain sacrifice for Hashem. The second grain sacrifice given at Shavuot is wheat. During the Counting of the Omer, barley is the only grain eaten. Why?

Barley has been the world's mainstay for thousands of years. It symbolizes how the Israelites toiled to harvest crops in Israel's arid land. Since barley is harvested directly after Pesach, our time of deliverance, Kabbalists say that the Counting of the Omer is our time to rise in spirituality. By Shavuot and the harvesting of wheat, we have attained full spirituality. Therefore, we partake of Challah, a lofty, full-bodied bread made from wheat. Carol Goodman Kaufman points out that before Shavuot, Ruth gleaned Boaz's fields for grain, which was none other than barley. And Ruth, is quite the topic of conversation during Shavuot. The evolution of the standard measurement of the inch, the gram, and even shoe sizes came from this tiny grain.

To remember the Counting of the Omer, begin with a hearty bowl of *Mushroom Barley Soup*, a Jewish deli staple. For those of you who enjoy a meaty version of this soup, I have included an adaptation of this traditional soup.

## Mushroom Barley Soup by Tori Avey



<https://toriavey.com/images/2010/11/Mushroom-Barley-Soup-Recipe.jpg>

### **INGREDIENTS**

- 3 qt. chicken, mushroom, or vegetable stock (low sodium stock, ok)
- 1 ¼ c. pearl barley
- 2 bay leaves
- 6 dried shitake mushrooms
- ¼ c. extra virgin olive oil, divided
- 1 lg. onion, chopped
- 1 c. chopped celery including leaves (about 3-4 ribs)
- 1 c. peeled, chopped carrots (about 2-3 carrots)
- 2 cloves garlic, crushed
- 1 lb. white mushrooms, scrubbed and sliced
- Salt and pepper to taste

For a meatier version, add:  
8 meaty short ribs or flanken (about 2 ½ lbs.), trimmed  
2 tbsp. olive oil

### **DIRECTIONS**

*Note: In addition to essential cooking utensils, you will also need a paper coffee filter or clean mesh coffee filter.*

1. Pour desired stock into a large stock pot; bring to a boil. Stir in barley, add the bay leaves. Reduce heat and simmer uncovered. Set your timer for 2 hours, 15 minutes starting now.
2. While soup simmers, place dried mushrooms in a separate saucepan. Add 3 c. water; bring to boil over high heat. Once water boils, remove from heat. Let mushrooms soak for 20 minutes.
3. Strain mushrooms and water through a coffee filter, reserving the mushroom water. Chop softened mushrooms into small pieces. Reserve for later.

# Beyond the SYNAGOGUE

**We are really thankful that most of our CBS members have already received their COVID shots. This is very encouraging! We hope to see many more members and friends join us for in-person services and events.**

**Thank you to all those in the healthcare profession for doing amazing work, you are our local heroes!**



Please submit your "Beyond the Synagogue" items by the 15th of each month, for inclusion to Bruce Rouman (BJRouman@sbcglobal.net) and Bobby Spiegel (Bobby@MyChamber.org).

## ***Food for Thought*** continued from page 16

4. Heat 2 tbsp. olive oil in skillet over medium high heat. When oil has shimmer, add onion and sauté until softened. Add celery with leaves and carrots; continue sautéing 5 more minutes until vegetables are browning and starting to caramelize.
5. Add the soaked, chopped mushroom pieces and crushed garlic; sauté another 2 minutes.
6. Scrape up any brown bits from the bottom of the skillet. Pour the strained mushroom water into skillet; stirring until mixture comes to a boil, about 2 minutes until mixture is hot and bubbly. Add the contents of the skillet to the simmering broth and barley in the stockpot.
7. Without rinsing the skillet, heat 1 tbsp. olive oil over medium high heat, tilting to coat the bottom of the pan. Spread half of the sliced white mushrooms in a single layer at the bottom of the skillet. Sprinkle them with salt and pepper and turn heat to high. Let the mushrooms sear without stirring for 2 minutes.
8. After 2 minutes, stir the mushrooms continuously for another 1-2 minutes until they are seared golden brown and only half the size. Pour the seared mushrooms into the stockpot.
9. Heat the last tbsp. olive oil in skillet and repeat the process in steps 7-8 for the remaining mushrooms. Add remaining seared mushrooms to stockpot, stir to blend all ingredients.
10. Reduce heat to a low simmer. Allow soup to cook uncovered until you time goes off, or until the barley is completely tender and soup is nicely thickened. Add water during the simmer if the soup becomes overly thick. At the end of cooking, season with salt and pepper to taste. Serve hot.

## **For a meatier version:**

1. Rinse short ribs and pat dry. Generously salt and pepper the ribs. With a knife, score the back side along the bone. This allows the meat to absorb more of the cooking liquid.
2. In a large stockpot, heat 2 tbsp. olive oil over medium high heat. Add short ribs and brown on all sides, about 4 minutes on each side.
3. Follow directions above steps 1-10. At the end of cooking, remove short ribs from soup and shred, then mix shredded meat back into the soup before serving. Season with salt and pepper to taste. You may choose not to shred meat and serve 1 short rib per bowl of soup.

## **MAKES 8 SERVINGS.**

*In 2010, Tori Avey, a California native, turned her hobby of cooking Mediterranean, Middle Eastern and Jewish cuisine into a blog that has been acclaimed as the IACP People's Choice Award winner for Best Culinary Website. In her cooking blog, she combines the history and family stories behind her Jewish recipes.*

## **Next month's topic: Celebrating Shavuot**

If you have a unique, nontraditional recipe for Shavuot, please share with Renée Tieszen email: [quiltwizardandkitties5@gmail.com](mailto:quiltwizardandkitties5@gmail.com) by April 10 to accompany the next article.

Thank you.

# Congregation Beth Shalom Funds

To make a donation in honor or in memory of a loved one or friend, select the Fund that you prefer and fill in the Donor card below. Send the bottom portion of this form to the CBS office with your donation.

We appreciate your support very much.

- ◆ **Youth Development Fund** (to provide scholarships for various programs including our religious school students to attend residence camps with significant Jewish programming and other programs)
- ◆ **General Fund** (to support the synagogue's daily operations)
- ◆ **Facility Fund** (to enhance, maintain and make improvement to our facility)
- ◆ **Cantor Discretionary Fund** (for charitable, hardship and educational purposes at Cantor's discretion)
- ◆ **Prayer Book Fund** (for purchasing, repairing, updating prayer books)
- ◆ **Adult Education Fund** (to support Adult Education programs)
- ◆ **Chesed Fund** (for the work of the Chesed Committee which responds in times of need for a birth, illness, emergency, or death in the family)
- ◆ **Torah Fund** (for the repair and/or purchase of the Torah Scrolls, Torah Commentaries, and other Bimah needs)
- ◆ **CBS Education Fund** (for materials, field trips, and other educational needs)

\*\*\*\*\* Send this portion back \*\*\*\*\*

I would like to make a donation of \$ \_\_\_\_\_ to the \_\_\_\_\_ Fund.

In Honor/Memory of: \_\_\_\_\_

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**Donor's Info:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

**Form of Payment:**  Credit Card  Check  Cash

Credit Card Number: \_\_\_\_\_ CRV: \_\_\_\_\_

Name on card: \_\_\_\_\_

Billing Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Signature: \_\_\_\_\_

Donor acknowledgement required?  Y  N

Thank you for mailing this form and your check to:  
**Congregation Beth Shalom, PO Box 2737, Corona, CA 92878**

**ATTN: Donations**

# SAFETY FIRST

## SYNAGOGUE POLICIES

Safety is **FIRST** and **FOREMOST**. The guidelines are printed here.

CBS wants you to participate at your own comfort level, whether in person or via the internet.

Specific to IN PERSON, a crew of dedicated volunteers have ensured the RE-OPENING exceeded the CDC standards—again SAFETY is our #1 focus.

Deep cleaning the synagogue is done before services and at other times the facilities are used.

In an effort to **PROTECT** the **SAFETY** OF **ALL** please be sure you follow these policies:

- 1. If you do not feel well, have a cough, cold or are ill, please do not come to synagogue.**
- 2. Masks are required at all times while at the synagogue, you need to bring your own. If you don't have one, we can offer a single-use mask, compliments of a generous donation from CBS Members Paula and Mark Fogel.**
- 3. Yarmulke / head coverings: please bring and wear your own.**
- 4. Hand Sanitizer will be available at the entrance of the synagogue. Please use when entering.**
- 5. Other than your immediate family, social distancing will be in place. Please keep at least six feet apart.**  
**Therefore: refrain from hugging, shaking hands, touching other people in any way.**
- 6. We want to thank you for following these policies, and we ask that each person take precautionary measures to ensure the safety of others.**

## Socially Distanced Ready for In-Person Services

A huge thank you to Mark & Gail Koren for preparing the Synagogue according to CDC recommendations for Social Distance requirements—each row has been spaced 6 feet apart. Each chair has been thoroughly sanitized and will be done each week between services and events held at the Synagogue.

CDC guidelines allow families to sit together, and at the recent services, this photo shows families and attendees complying with these guidelines.


We do ask attendees to space three (3) empty chairs between different groups to ensure the 6' rule is adhered to.

All masks and other protocols outlined above are still in place.

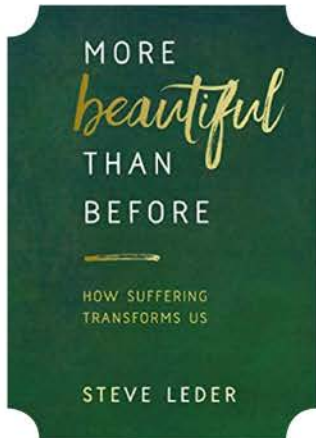
Our little Shul continues to be on the forefront of being creative.

We offer BOTH, in-Person services and Zoom technology. With the support and assistance of many of our synagogue members, we are able to provide the warmth and loving services that our members enjoy. A huge thank you to Cantor Bruce Shapiro for being flexible and understanding our needs; to Dennis Brooks for the gift of the camera / video equipment which provides excellent images. Thank you to Bruce Rouman, Sam Miller, and Bob Stone for their on-site help and technical assistance.





## Congregation Beth Shalom Book Club



**E**very one of us sooner or later walks through hell. The hell of being hurt, the hell of hurting another. The hell of cancer, the hell of a reluctant, thinking shovel full of earth upon the casket of someone we deeply loved, the hell of betrayal, the hell of betraying, the hell of divorce, the hell of a kid in trouble . . . the hell of knowing that this year, like any year, may be our last.

**W**e all walk through hell. The point is not to come out empty-handed. . . . There is real and profound power in the suffering we endure if we transform that suffering into a more authentic, meaningful life.

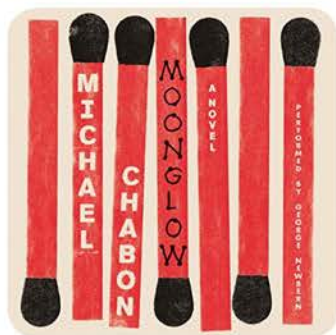
**I**n the spirit of such classics as *When Bad Things Happen to Good People*, *A Grief Observed*, and *When Things Fall Apart*, *More Beautiful Than Before: How Suffering Transforms Us* examines the many ways we can transform physical, psychological, or emotional pain into a more beautiful and meaningful life.

**A**s the leader of Wilshire Boulevard Temple, one of America's largest and most important congregations, located in the heart of Los Angeles, Rabbi Leder has witnessed a lot of pain: "It's my phone that rings when people's bodies or lives fall apart," he writes. "The couch in my office is often drenched with tears." After 27 years of listening, comforting, and holding so many who suffered, he thought he understood pain and its challenges—but when it struck hard in his own life and brought him to his knees, a new understanding unfolded before him as he felt pain's profound effects on his body, spirit, and soul.

**I**n this elegantly concise, beautifully written, and deeply inspiring book, Rabbi Leder guides us through pain's stages of surviving, healing, and growing to help us all find meaning in our suffering. Drawing on his experience as a spiritual leader, the wisdom of ancient traditions, modern science, and stories from his own life and others', he shows us that when we must endure, we can, and that there is a path for each of us that leads from pain to wisdom. "Pain cracks us open," he writes. "It breaks us. But in the breaking, there is a new kind of wholeness."

**T**his powerful book will inspire in us all a life worthy of our suffering; a life gentler, wiser, and more beautiful than before.

*Sounds like a good one - Let's ZOOM at 5:30 on April 19th and Celebrate Jackie and Dave's birthdays and discuss this great book*



**M**oon glow unfolds as the deathbed confession of a man the narrator refers to only as "my grandfather." It is a tale of madness, of war and adventure, of sex and marriage and desire, of existential doubt and model rocketry, of the shining aspirations and demonic underpinnings of American technological accomplishment at midcentury, and, above all, of the destructive impact—and the creative power—of keeping secrets and telling lies. It is a portrait of the difficult but passionate love between the narrator's grandfather and his grandmother, an enigmatic woman broken by her experience growing up in war-torn France. It is also a tour de force of speculative autobiography in which Chabon devises and reveals a secret history of his own imagination.

*Join us on May 22 for a 5:30 ZOOM review of this outstanding book.*

# Yahrzeit Observances

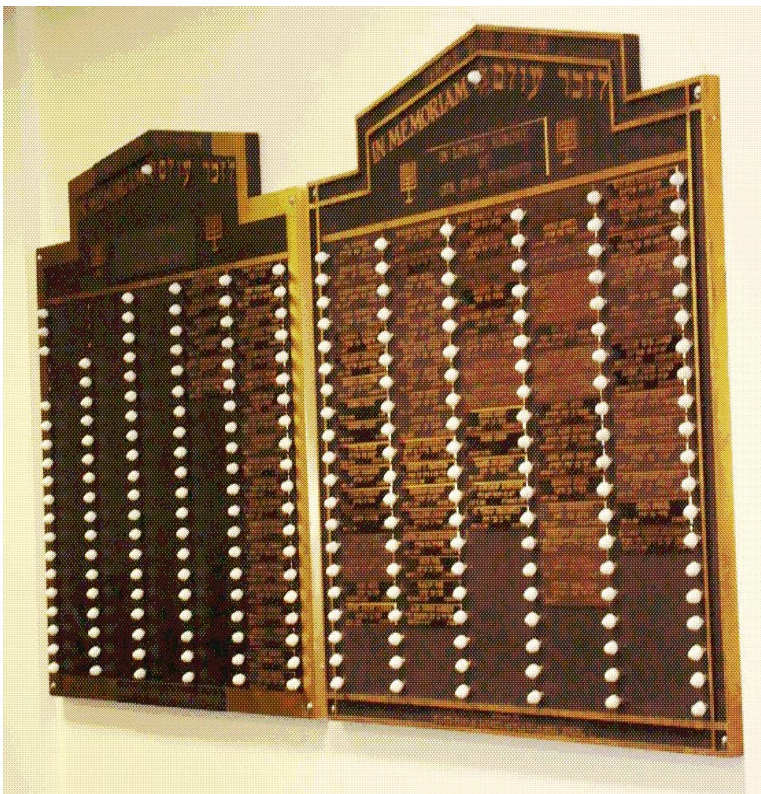
## May their memories be a blessing

Apr 3	Tillie Itzkowitz*	21 Nisan	May 1	Augusta Frey*	15 Iyar
Apr 3	Ann Kaufmann	21 Nisan	May 1	Philip Scharfman*	19 Iyar
Apr 3	Gerda Nordon	21 Nisan	May 5	Edward Severson	23 Iyar
Apr 5	Thadia "Dee Dee" Gillerman*	23 Nisan	May 5	Florence Feller	23 Iyar
Apr 7	Evelyn Weinberg*	25 Nisan	May 9	Gary Lee Elkins*	27 Iyar
Apr 8	Jerome Tarshis*	26 Nisan	May 10	Zdenka Fischmann*	28 Iyar
Apr 9	Max Lechtman	27 Nisan	May 12	Bessie Cotler*	1 Sivan
Apr 10	Jeffrey Edward Goldstein*	28 Nisan	May 12	Ruth Hirschfeld	1 Sivan
Apr 10	Seymour Leeds	28 Nisan	May 14	Arthur "Art" Gelb*	3 Sivan
Apr 12	Barbara W. Smith*	30 Nisan	May 16	Henry Feller	5 Sivan
Apr 13	Elena Widder	1 Iyar	May 17	Dorothy R. Miller*	6 Sivan
Apr 15	Selma Lich	3 Iyar	May 19	Lalie Eisen*	8 Sivan
Apr 22	Betty Friedberg*	10 Iyar	May 19	Yosef Berggrun	8 Sivan
Apr 23	Edith Werby	11 Iyar	May 22	Morris Shulman	11 Sivan
Apr 23	Baruch Grinshpan*	11 Iyar	May 24	Mortimer L. Medrich*	13 Sivan
Apr 26	Arthur Shapiro	14 Iyar	May 24	Harry Agins*	13 Sivan
Apr 26	Jacob Haskel Eisen*	14 Iyar	May 28	Elliott Barkan	17 Sivan
Apr 27	Bonnie J. Flint*	15 Iyar			
Apr 28	Gerald Notick	16 Iyar			
Apr 28	Sylvia Oberstein	16 Iyar			

\* denotes Memorial Board Plaque

For questions or corrections, please contact Noemi Schulman at [noemis@me.com](mailto:noemis@me.com) or (909) 262-6938.

## MEMORIALIZE YOUR DEAR ONES!



**Memorial  
Plaques are  
available  
through CBS  
for only  
\$360 each**

For more  
information call  
Bruce Rouman at  
(951) 847-4632

Plaque forms are  
available at the  
Synagogue

## NOTICE TO ALL CBS MEMBERS

All CBS members  
should be receiving  
Yahrzeit reminder  
letters / notices of the  
anniversary of your  
loved ones.

If you are not  
receiving notices,  
please contact  
Jackie Williams at  
(951) 734-8045,  
so we can make the  
corrections.



Congregation Beth Shalom  
 PO Box 2737  
 Corona, CA 92878  
 (951) 734-4033  
 www.CBSofCorona.org

# Dates to Remember

ACTIVITIES & SERVICES WILL BE IN PERSON UNLESS NOTED— MANY ARE OFFERED VIA INTERNET

IN PERSON EVENTS ARE AT 500 HARRINGTON ST. STE. A1 CORONA, CA—UNLESS OTHERWISE NOTED with an asterisk (\*)

## APRIL 2021

1	BROTHERHOOD POKER *	7:00 PM
2	EREV SHABBAT SERVICE w/ CANTOR SHAPIRO, ONEG SPONSORED BY SHARON & LENNY ELKINS	6:30 PM
4	ADULT EDUCATION *	9:00 AM
4	RELIGIOUS SCHOOL *	9:00 AM
4	8th DAY OF PASSOVER, SERVICES (at 10 AM) FOLLOWED BY YIZKOR (11 AM) LED BY FELIX SMITH	10:00 AM
5	RITUAL MEETING *	6:00 PM
9	EREV SHABBAT SERVICE LED BY BOB STONE, ONEG SPONSORED BY KATHY & BOB STONE	7:30 PM
11	RELIGIOUS SCHOOL *	9:00 AM
11	BOARD MEETING *	9:00 AM
16	EREV SHABBAT SERVICE w/ CANTOR SHAPIRO, ONEG SPONSORED BY CHERYL & JOEL FRIEDBERG	7:30 PM
17	TORAH STUDY w/JOAN ZAK	9:00 AM
17	SHABBAT SERVICE w/CANTOR SHAPIRO	10:00 AM
18	RELIGIOUS SCHOOL *	9:00 AM
21	BROTHERHOOD POKER *	7:00 PM
23	EREV SHABBAT SERVICE LED BY RENEE MILLER & MARCI ROUMAN, ONEG SPONSORED BY RENEE & SAM MILLER	7:30 PM
25	RELIGIOUS SCHOOL *	9:00 AM
30	EREV SHABBAT SERVICE w/ CANTOR SHAPIRO, ONEG SPONSORED BY DENNIS ITZKOWITZ	7:30 PM

## MAY 2021

2	RELIGIOUS SCHOOL *	9:00 AM
2	ADULT EDUCATION *	9:00 AM
3	RITUAL MEETING *	6:30 PM
6	BROTHERHOOD POKER *	7:00 PM
7	SHABBAT SERVICE w/ CANTOR SHAPIRO & RABBI MEL YOUNG	7:30 PM
7	TEACHER APPRECIATION SERVICE	7:30 PM
9	MOTHER'S DAY: NO SCHOOL	****
14	SHABBAT SERVICE w/	7:30 PM
16	RELIGIOUS SCHOOL *	9:00 AM
16	BOARD MEETING	9:00 AM
19	BROTHERHOOD POKER *	7:00 PM
21	SHABBAT SERVICE w/ CANTOR SHAPIRO	7:30 PM
22	TORAH STUDY w/JOAN ZAK	9:00 AM
22	SHABBAT SERVICE w/ CANTOR SHAPIRO	10:00 AM
23	RELIGIOUS SCHOOL *	9:00 AM
28	SHABBAT SERVICE w/ CANTOR SHAPIRO	7:30 PM

**PLEASE NOTE:  
 ITEMS WITH AN ASTERISK (\*)  
 ARE NOT HELD AT CBS PROPERTY**

**WE ARE  
 BACK OPEN!!  
 COME VISIT US!**

Social Distancing and CDC Guidelines  
 will be followed.